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The Highlands Communicator

May 3 - 16, 2007

Vol. 6 Issue 13

Haliburton County's Good News Fun Free Newspaper

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The 48 Day Challenge - Movies Made In The Highlands To Be Shown in Kinmount Theatre - May 5th

by George Farrell

I caught up with the indefatigable Tammy Rea, chair of Highlands Media Arts, the group that is overseeing the production of local short movies. Tammy gave me a succinct overview of the whole concept of the 48 Day Challenge competition. "It's something that we made up, based on a 48 hour film competition that hundreds of thousands are involved with around the world," she commences. "Because locally there was such a wide range in knowledge and skill levels as far as making video movies is concerned, we had to make our event for 48 days, not hours. The aim then was that in 48 days people would be taught to make a movie from start to finish; from writing a script to burning the DVD. We had a series of six workshops involving the processes of writing a short script, using the camera, lighting, and using the computer and software to do digital editing."

"The funding came from the Eastern Ontario Development Fund through the Haliburton County Development Corporation," Tammy continues. "The money went to rent the Internet Café, rent for the Highlands Cinema in Kinmount, and payment for some of the instructors who are professionals in the field."

Along with the pros, local talents Rob Ainsley and Charles Taylor, film students at Sheridan College and Ryerson University respectively, gave special talks on everything they learned at school. They also showed their works from the past year. So overall the budding movie makers were given a condensed crash course in movie making that was probably equal to a year's worth of education. Instructors who are active in the business of making movies and documentaries included Michael Bainbridge, Brigitte Gall, Marci Mandel, yours truly, and Tammy Rea

who kindly donated her time. Brigitte, Michael, Mitch Rea and I, will also be judges for the competition. "We had 30 teams originally, in 4 categories," Tammy explains; "elementary, high school, family and adult. Teams ranged in size from single persons to a family of 5."

Some Problems That Were Overcome

As you can well imagine there were considerable problems to overcome for the novice movie makers, not all of them technical. "People have worked really hard," exclaims Tammy. "They have overcome huge challenges, like a dog eating a camera cable, and a 'prop' telephone actually dialing 911. The police showed up, but because the kids were in grade four, no misdemeanor charges were laid," she laughs. "Another group got caught filming a commercial building. Someone came out to find out what was going on, and it turns out that they were also part of the 48 Day Challenge, so that turned out OK too."

"People have been working night and day," says Tammy. "I've received emails at 2:00 in the morning from people who have finally mastered some software program. Everybody should feel really proud of themselves, even those people who didn't finish their project."

What Lies Ahead For Video

People took the 48 Hour Challenge for different reasons. Some wanted to use the knowledge gained to use at school, some people wanted to use the knowledge for professional purposes, while others wanted to use their new movie making skills for personal reasons, like making better movies of their vacation. Because the interest has been so high a video club will be formed that will be open to anyone interested. So stay tuned.

The Grand Screening Event

There will be approximately 18 completed movies which will be competing this Saturday May 5th at the Highlands Cinema in Kinmount. The evening event starts at 5 p.m. with the short (5 minutes and under) movies being shown until 6:30. Each movie had to include an image of a sculpture somewhere in the Highlands, and also had to include the word Haliburton. At 6:45 the winners in each category will be announced and the prizes given out. Winners will receive \$200 per team and there will be an additional people's choice prize which the audience will decide. That prize is for \$100.

Wait, there's more. At 7:00 there will be a special pre-release screening of the movie Citizen Duane. It's about a high school loser who is running for school president. Citizen Duane was shown at the Toronto International Film Festival, and is yet to be released, so we are privileged to see this movie at this time. The full length feature is rated Adult 14 and there is some coarse language, underage drinking and smoking of a banned substance. There is no nudity or sex. After the movie there will be an analytical discussion, and the evening will be over by approximately 9:30.

Summing up, Tammy Rea explains that "The 48 Day Challenge, and the video club are all projects that Highland Media Arts has been committed to as part of our mandate, and we are thrilled that so many people in the county have shown such an interest and passion in making their own movies. This has been a great step forward in the use of digital technology in the arts in Haliburton County."

Admission to the 48 Day Challenge is free for all participants, including those people who were unable to finish their projects. Adults can get in for \$7, and it's \$5 for children 12 and under. Tickets can be purchased at the box office of the Highlands Cinema in Kinmount. See you there.

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MelBryan House

Spotlight

On Business

by George Farrell

MelBryan House

In these parts when you talk of a framer most people automatically assume you're talking about a person who works in construction. In our burgeoning arts community however, it means something else entirely. In the arts reference, a framer is that very important person whose talent enhances your work and presents it, so that it's ready for showing in a gallery, in your home, or in someone else's home. Yes, I'm talking about a picture framer, except that framers mount and frame other things besides pictures; items such as letters, needlework, and diplomas.

In our county we are very fortunate to have a very talented framer conveniently located for clients in Minden, Haliburton and Kinmount. His name is Bryan Delang, and he owns, operates, and single-handedly runs MelBryan House, located at the junction of South Lake and Bat Lake Roads.

I don't know what the prototypical picture framer might look like, but the first thing you notice about Bryan is that he looks like he's part of the arts scenario, with his bald pate and trim goatee. When he welcomes you to his studio showroom, which is off his living quarters, his calm air of professionalism is accompanied by a warm smile. Very soon after being made to feel at ease in his personal surroundings, it's hard not to take notice of the decor. You're immediately transported. The whole place, showroom and living quarters, looks like a very elaborate film set. There are swagged and draped faux columns, a fascinatingly framed nude reclines on one wall, a beautifully framed mirror which hangs at an odd angle from the showroom ceiling



reflects light back down over his workspace. It's as far removed from the average abode in Haliburton county as you can imagine. It's reminiscent of a far-eastern meeting place, which is not all that difficult to understand once he starts talking about his background.

"I was born in the central provinces of India," Bryan begins, "but my parents took me to England at the age of eight, and I received my schooling there." That would explain Bryan's slight accent and his articulate manner of speaking. "I came to Canada in 1962 when I was nineteen," he says. "I had a sister who lived here, and I just figured it was the right thing to do at the time. I lived in Toronto for the first couple of years. I was a draftsman apprentice in England, but like many people who immigrate, I found when I got here that I would have to go back to school to learn Canadian standards. I didn't want to do that, and I ended up working as a picture framer for Georgian Picture Frames, where I learned my skills. I was there for two years. Then there was an opportunity for a partnership with two other guys and we went into business in Scarborough, manufacturing heavy, ornate picture frames, which were very popular in the 60's and 70's. In the meantime I had moved from Toronto to a farm in Uxbridge. I really enjoyed the farm, and Uxbridge was such a beautiful little town back then. I was totally captivated by the town, and the new way of life that suited me no end. I commuted to Scarborough, and raised a family in Uxbridge. We had 4 children who are all grown now."

MelBryan House cont'd... pg. 5...

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Forever in our Hearts...
Roberta Welsh - Feb 12/06
Chuck Irvine - Feb 3/02

Regular Columnists: Donald Lange; Brenda Peddigrew; Marci Mandel; Greg Roe, Max Haines

Special thanks to Eddie Lehman, Karen Barter, April Lauricella; Cindy Munzel, Fred & Shir, Jon Dannewald Lisa Robertson, and all the other people who send in funny stuff - keep us laughing!

RR#2 - Comp 75, Haliburton, On. K0M 1S0 email: news@TheHighlandsCommunicator.com

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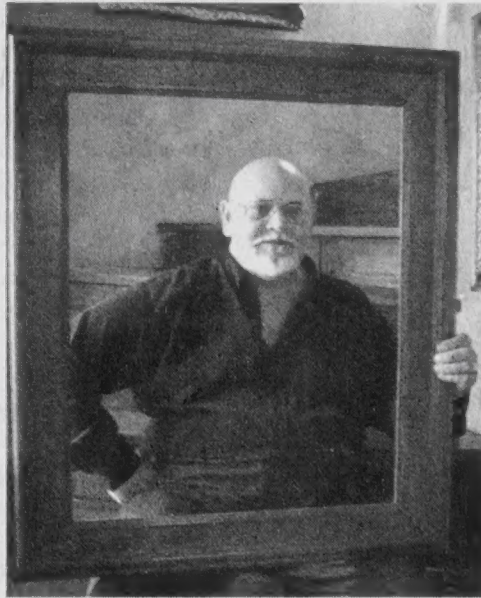
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Melbryan House Cont'd...

... from pg. 4

"I started coming to Haliburton County about the mid sixties. I came on day trips and I used to fish, in and around Fenelon Falls. The farther north I went the prettier the landscape became. Because Uxbridge was getting too built up, my partner and I purchased land locally, and we built our home and the studio in the present location in 1988. Subsequently I bought out my partner, and have been doing a one-person operation ever since. I just wanted to do a little bit of work and do something I enjoyed doing, and having a quiet lifestyle; but the area took me by surprise. It's a very arty community, and I wasn't aware of that, and I've thrived over here on this little back road. Many of my friends said that I would never make a living here, but I proved them wrong after the first year."

Bryan's clients come from as far away as Guelph, and the U.S.; "people who have cottages up here," he says. "Locally my client base is the whole of Haliburton County and beyond, Kinmount, Bobcaygeon and such. I do work for the Ethel Curry Gallery and The Agnes Jamieson Galleries, among others, and I frame a lot of local artists and photographers, both amateur and professionals." Bryan names off some clients like Greg Pinchnej, June Anderson, and Jeanette Sharron. "And you," he exclaims, as he retrieves a framed photograph for me which I had recently brought him. As usual, it was exquisitely framed and mounted, with matting which perfectly complimented the photo. Perhaps the most famous of all the artists he frames is deceased, as Bryan has framed many of the Andre Lapines for the Agnes Jamieson Lapine collection. Surprisingly Bryan tells me that most of his clients are women, "which is an absolute delight for me-maybe that's why I decided to stay here," he exclaims laughingly, with a hint of twinkle in his eyes. "A person comes in with a piece of artwork," Bryan continues, "and I can put a frame around a piece to make it come alive, with the utmost confidence. Very often I put my own treatment on the frames. I use my own interpretation



to the artwork, and I get my inspiration from the piece itself. I truly custom- make the frames to suit the work. I like to start from scratch, because it gives me the opportunity to make that type of creation. Good framing, which includes perhaps several layers of matting, enhances the work and makes for a better presentation. Sometimes with the right work, the simplest of framing is just as effective as a very elaborate job. Overdoing something is not going to enhance the work to the point of making it better."

Bryan Delang still seems a little in surprised at the quality and quantity of the art that he sees. "I think that we have a thriving arts community, and I think the talent level is pretty high. I can see the progress of the artists that keep coming to me over the years. Some of them go to Fleming College and I think it's great what that place has bought to the community."

A boon to Bryan's business has been the advent of digital photography. "Since the advent of digital photography people are freer to experiment with their own printing and therefore I have the benefit

MelBryan House cont'd... pg. 6...

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Framer cont'd...

... from pg. 5

of more business framing their work, and there are so many places and shows now where they can exhibit their work. It's part of a nice variety which keeps me motivated and interested. I never get fed up with it, and I love to build specialty frames for some of these artists and photographers. In my workshop I cut, join and colour my frames, and do any work that might be dusty or toxic. In my showroom I do dry-mounting for photography, and do my frame assembly, and cut the mats.

Part of Bryan's success is due to his policy regarding customer satisfaction. "My policy is that customers are not stuck with anything, ever, if they don't like it. It's my interpretation, and if they don't like it I will change it to the way they want it, at no charge to them. Maybe one or two clients out of a hundred are not initially satisfied and want some change," he says with some pride. Another part of the success of MelBryan House is Bryan's price structure. I can personally attest that it is great value for money. "People are constantly telling me that I should be charging more, but if I keep the prices reasonable I will have work as long as I want to keep doing this," and besides," he adds, "my overhead is very low. I guess I would say my prices are about 60% of what city prices are for framing, and you would seldom get the custom work that I provide."

Here is a man who clearly loves his work, a fact for which the artists and photographers in our communities, and for anyone who has something to frame, can be thankful. MelBryan House can be found at 1536 South Lake Rd and you can reach Bryan at (705) 286-6461.

The Minden Festival Of Banners Has Selected Thirty-Four Banner Entries For Its First Banner Festival.

Minden is definitely going to look more colourful this year with its new Festival of Banners program. Recently the committee behind the new idea made a public call for banner submissions. Over 80 banners were entered. Banners were judged on: 1. good example of the theme *Yesteryears*; 2. design and composition; 3. colour and suitability to a banner. The Judges were: Laurie Carmount, Karen Sloan and Melissa Colewell

Winner of Children Category (Gr 1 - 8): Lindsay Dunn

Others accepted: Brigitta Hicks; Madison Allore; Brooke Saunders; Callie Dick; Tyson Shelly; Krista Duncan; Sydney Smallwood; Ariel Weiss; Braydin Hollows; Robbie Orłowski; Taylor Calvert; Erin Little; Karly Gazley; Joel Fedeski; Curran Chambers; Jake Stevenson; Austin Beer

Winner of Youth Category (Gr. 9 - 12): Emily Turner

Others accepted: Frankie Kabisch; Monique St. Pierre; Steph George; Devyn Newton; Sarah Lacey

Winner of Adult Category: Donna Bisschop

Others accepted: Jane Selbie; John Kellett; Lila Sweet; Marc Shroetter, Debra Dart, Marylou Packard.

Winner of Senior Category: Elizabeth Carrell

Others accepted: June Anderson; Stan Farrell; Maizie Austen; Lois Rigney

All of the accepted entry artists will be contacted as to the time they will be required to paint their banner. Presently the banners will be painted at the old newspaper office in Minden and at Archie Stouffer Elementary School for students selected. The banner committee sincerely thanks everyone who participated and for the support of those who have donated to this event. It is our goal to have the banners installed by the end of May. We look forward to a colourful summer season! If you have any questions please call Laurie Carmount at the Agnes Jameson Gallery at 286-3763.



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Coming soon will be fireworks and Canada Day items for the long weekend in May. Too, we would like to wish our Moms and all Moms everywhere a Happy Mother's Day on Sunday, May 13th.

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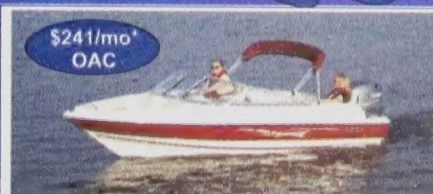
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Canadian Cancer Society Relay For Life Comes to the Highlands



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Relay For Life



Relais pour la vie

Kathy McKelvey-Brown was a vital woman in the prime of her life, easily recognized in her community by her luxuriant mane of deep auburn hair most women would die for. Then one day cancer came to visit Kathy, and it was she who almost died. Fortunately for her, her family and loved ones she has just celebrated her 5th year of remission. But the pain and suffering are

there to see for those who have known her during her struggles. Gone is the luxuriant mane, replaced with a more modest cut. Kathy is looking great but she is a different person now. She takes less for granted and she lives each day like it could be her last. And like many cancer survivors she is grateful to be alive, and wants to help other victims and survivors of the insidious disease. To that end Kathy is lending a helping hand with the upcoming first ever Haliburton Relay For Life event.

The Relay

The Relay For Life is a concept of the Canadian Cancer Society and the first relay took place in Ottawa in 1999. In the eight years the event has been in Ontario it has raised over \$48 million in the fight against cancer. Our own relay will take place rain or shine on Friday June 15th at he Haliburton Highlands Secondary School (HHSS) football field. The event lasts for a full 12 hours and starts on Friday evening at 7.00 p.m., and ends Saturday morning.

"It's basically a non competitive relay for all ages," says Heather Cocksedge the secretary for the Haliburton Highlands Relay For Life Steering Committee, who along with Kathy, who is also a committee member, gives me the low-down on this first-time event for our community. "Everyone is part of a team consisting of 10 people, and one member from the group is always on the track doing a lap by walking, strolling or running," says Heather. "Members spell each other for the 12 hrs of the event."

The actual relay is just the action part of this extravaganza event, and of course the purpose of staging it is to raise money for cancer research, services and support programs. Funds are raised by collecting pledges via personal contact, email, and various other methods like bake sales, and yard sales. Each of the participants on the relay teams tries to raise a minimum of \$100, with the goal of each team set at \$1000.

"We were hoping for 20 teams," says Heather, "but we now have 48 teams. It's fantastic. We have more teams registered than the City of Kawartha Lakes and Peterborough."

Cancer Never Sleeps Theme

The theme of the event is Cancer Never Sleeps, hence the running of the relay through the night. "It's a way to honour the victims and survivors of cancer," says Kathy. Each Relay For Life begins with a Survivors Victory Lap in which Kathy will participate. The survivors lead the way around the track as a celebration of their strength and courage. The Survivors Victory Lap gives hope and inspiration to those who are still battling cancer, and to family and loved ones who have been touched in some way by the disease. There will be opening ceremonies, some details of which still have to be finalized, but there will be special guests, and local entertainment in the form of bands and a DJ. "The final arrangements are still to be ironed out, but the entertainment will be going on all night long," Heather states.



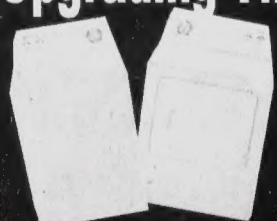
Pictured is Kathy McKelvey-Brown and Heather Cocksedge

Luminary Ceremony

In keeping with the Cancer Never Sleeps theme there is also the spectacle of the Luminary Ceremony. In the Luminary Ceremony, participants can light candles that are placed in special bags that bear the name of cancer survivors or those who lost their battle against the disease. After being lit at dusk, luminaries provide light and inspiration for participants as they walk around the track. Luminaries can be purchased online at www.cancer.ca/relay. The message on the bags can also be given at the time of the online purchase. There will also be a Minden location, to be named later this month for people who wish to purchase luminaries, but

Relay for Life cont'd... pg. 9...

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Cancer Relay for Life...

don't have computers. In addition luminaries will be available at all local banks. On the night the luminaries are lit you can find your own easily enough, because they will be laid out in alphabetical order.

A Festive Atmosphere

Participants and visitors will need to be not only entertained but replenished, and to that end there will be numerous tents set up on the infield. M&M Meats will have a dinner tent and other refreshments will be donated and/ or supplied by other local businesses. "The grocery stores and local businesses have been really supportive," enthuses Heather. A breakfast for participants will be supplied and spectators can either purchase refreshments or bring their own. Additional infield tents will be used for those participants who are not on the track to catch up on some sleep. "Each team is encouraged to decorate their tent via their own theme," adds Kathy. There will be a Smart Shop Tent where Canadian Cancer Society items will be for sale; items like T shirts, and mugs. Facts and information about cancer will also be available. There will be a Rejuvenation Tent where all the local spas will be donating their time and products. Manicures, pedicures and massages will be available along with "fun stuff" available for a minimum of \$5. There's to be a Silent Auction Tent where you can bid on items donated by local artists. So try to imagine an evening with an infield full of tents, live music and entertainment, participants on the track, and the whole affair beautifully lit by the luminaries

Donators and Sponsors

The Haliburton Relay For Life is still seeking donators and sponsors. "Some artists and studio tour participants are ready to donate," says Heather, "and any person who donates \$20 and up will receive a tax receipt. Sponsors can receive a fair market value letter for their products and donations which can be written off." Money can be donated via cash or cheque made out to the Canadian Cancer Society, and receipts are returned after the event.

The event sponsor is Hydro One. Godfather's Pizza is the food sponsor and Canoe F.M. and the Moose F.M. are also sponsoring the event

Volunteers Needed

Volunteers are needed for a multitude of jobs with an event of this magnitude; jobs like site set-up and take-down, luminary set-up and take-down, food services, entertainment, registration, security and parking. Volunteers can register online and receive a free volunteer T shirt. Volunteers can also register through committee member Mike Iles. Mike can be reached at (705) 457-3517

Parking

"Right now parking is a work in progress," says Heather Cocksedge. "Laidlaw is donating a bus to shuttle people back and forth from the designated parking areas, yet to be determined. Each team will be allowed

1 vehicle, and survivors and some volunteers will be able to park at the high school parking lot, as will service vehicles which will be needed for unloading equipment and supplies."

Team Registration

In spite of their being 48 teams registered it's anticipated that still more teams will want to participate. Registration is \$10 per person, and \$100 per team. Teams can be registered online, or individuals and teams can also phone Wendy Iles @ (705) 457-3517 to register.

Where Does the \$ Go

All funds raised by the Relay For Life go to the Canadian Cancer Society. Fifty per cent of all funds go to research; Forty two per cent goes to services and support programmes like those in our own community, which cover things like drivers to take people to and from radiation therapy treatments and doctors appointments. The remaining eight per cent goes to administration. The point is that 92% of funding goes to where it is most needed.

The Relay For Life promises to be one of the key events of the year in the county, but Kathy McKelvey-Brown is just thankful that she can help. "I'll never be considered cured," she says with some sadness, the cancer reached my lymph nodes and it could reappear at any time. So far, so good."

If you would like to help Kathy and Heather and the rest of the committee members support other victims and survivors of cancer, or if you need more information on the Relay for Life call Lyndsey Fullman, the district Fundraising Co-ordinator for the Canadian Cancer Society @ 1-800-463-0432.




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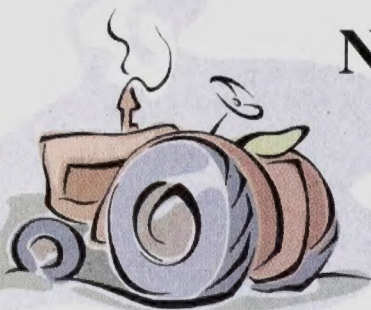
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News Flash! A Good News Farming Story!

By Stephen Patrick



"I thought the Communicator was a 'Good News' publication," smiles Godfrey Tyler, "so what on earth

are you doing at a meeting of farmers?"

Godfrey, proud proprietor of his 150 year-old family farm, Waverley Brook, on the Old Donald Road, can easily be forgiven a bit of cynicism. The independent farmer's life in Central and Northern Ontario has never been an easy one, and the Tylers are among a very small group of Haliburton farmers who manage to be more or less self sustaining. But this evening Godfrey is joining about 25 of his fellow local farmers who are members of the Haliburton County Veterinary Services Committee (VSC) for their Annual General Meeting. And yes, this meeting, and this Committee, is definitely a 'Good News' story.

The VSC was established in the 1970's as part of an Ontario government program that was designed to help farmers who had livestock by supporting the provision of veterinary services to livestock producers. "Back in the 70's local farmers had to rely on the services of a Lindsay Vet," says Minden area farmer Ross Warburton. "And if he couldn't come, we'd have to transport our animals elsewhere for treatment. So we did a lot of work with the Ontario Ministry of Agriculture and Food, and finally got this support program going."

Ross was the first VSC director, and has been prominent in the Committee ever since. For the past few years he's been Secretary/Treasurer. Andrea Coysh, the President of the Haliburton County Farmers Association, is the Committee Chairman. This past year Ross Walker, a former VSC head, Godfrey Tyler, Casey Cox and Tina Gilligan have served as directors.

The Committee now operates under the aegis of the Ministry of Northern Development and Mines through something called the Northern



Producer Animal Health Network (NPAHN). Haliburton farmers pay a yearly membership fee to the Committee which then pays the NPAHN \$1000 a year. In return the NPAHN covers all travel expenses for a local Vet to attend to Haliburton farmer's livestock. Since the mid-1980's the Committee has contracted Dr. Laurie Brown and her Haliburton Veterinary Services to provide the service. And there's no doubt that the program is an invaluable help to many area farmers. It's also another example of how close and caring a community Haliburton really is.

"The Committee is supported by all kinds of Haliburton farmers who don't have any livestock at all," commented Bernie Davis, who with her husband Jim Davis own Minden's Stone Hedge Farm. "And sometimes we forget just how lucky we are in this area to have a fully-qualified large animal Vet like Laurie. All kinds of Northern Municipalities are desperate for a farm Vet. In fact, many Municipalities pay NPAHN the \$1000 fee as an incentive to get a Vet to move into their area. Some even set up a fully-equipped clinic as an added attraction! Some of these Municipalities haven't had a Vet in over five years."

And therein lies another story. Until very recently the University of Guelph's Veterinary Program required all students to spend at least one three-week internship with a large-animal Vet before they graduated. This at least guaranteed that student Vets would be able to see what a large-animal practice entails. Now that requirement has been lifted, and this past year of the 100 Vets who graduated from Guelph only 5 were fully qualified to treat large animals. The lure of lucrative big-city practices, in an era when the popularity of household pets is skyrocketing, often proves irresistible. "But it still seems wrong somehow," says Jim Davis, "that you can be a Vet in Ontario but only be really qualified to treat dogs, cats, and parakeets."



Haliburton County's farming community has a very special and honorable place in the history of our area's settlement and growth. Its survival was due in part to farmers' deep sense of communal obligation and shared responsibilities. Which is why it's doubly satisfying to see those traditions are still alive and well in 2007, as seen in the continuing success of the Veterinary Services Committee and its support by Haliburton farmers.

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That's Life...



by the Bashful Comic

A Romantic Moment

A husband and wife are in bed together. She feels his hand rubbing against her shoulder. "Oh honey, that feels good." she says.

His hand moves to her breast. "Gee, honey, that feels wonderful." she says.

His hand moves to her leg. "Oh, honey, don't stop." she begs.

But he stops.....

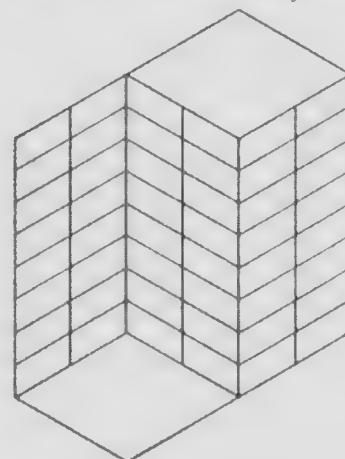
"Why did you stop?" she cries ???

"I found the remote..." he replied

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For the Ratepayers of the Township of Algonquin Highlands

will be held on the following dates and at the
following respective locations:

May 19 th	Maple Lake Landfill	1- 5 pm
June 30 th	Dorset Landfill	1- 5 pm
August 4 th	Oxtongue Landfill	1- 5 pm
Sept. 1 st	Dorset Landfill	1- 5 pm
Oct. 6 th	Maple Lake Landfill	1- 5 pm

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And the Nominees are

Nominees for the 2007 Arts Honours announced.

The "You've Gotta Have Art" Arts Honours Gala is just a few days away (May 4th), the honours nominees have been announced and the names of the individuals or groups receiving the top honours are carefully sealed in their envelopes. Nominations came pouring in for the 2007 Arts Honours in the five different categories: Youth Artist, Emerging Artist, Artist of Distinction, Supporter/Administrator and Founder. On Friday, May 4th in the wonderful new venue of the Haliburton Curling Club, the Arts Council-Haliburton Highlands will announce the five individuals or groups receiving the top honours and will recognize all of the nominees for their achievements and contribution to the arts in the Highlands. The tickets for this event were sold out three weeks in advance and a number of businesses and organizations have eagerly supported the event as sponsors: Patient News Publishing, Parker Pad and Printing, Frost Centre Institute, Upnorthwebs, Haliburton County Development Corporation, Highlands Media Arts, Haliburton County Folk Society, Quantum Entertainment, and the Old Country House and a number of individual contributors.

Award winning actor/writer/producer/comedienne Brigitte Gall will be the host for the evening. There will be performances by a number of Haliburton County's talented young artists: Heritage Ballet Dance Troupe, Cass Marie Weyrich, Ryan Dawson, Jocelyn Regina and Bethany Houghton. World renowned composer R. Murray Schafer will be on hand to announce the top honours for the Artist of Distinction. The individual or group named for the top honours will receive an Arts Honours statuette created in cast glass by Terry Craig. Following the presentations, the night will be danced away to the live music of Sideshow Bob.

And the nominees are:

Youth Artist

Criteria: A young artist (up to 21 years) who has demonstrated a vigorous commitment to arts production and display in Haliburton County.

Jordyn Archer, Benton Brown, Kortney Gerber, Franziska Kabisch, Jasmin Purnell, Jocelyn Regina, Rachel Regina, Allana Ziorjen

Emerging Artist

Criteria: An artist in the early years of her/his professional art career (up to seven years), who for the past few years has begun to establish themselves with outstanding arts production, earning the recognition of their artistic colleagues and enriching the artistic life of the community.

Artech Studios/Terry Craig and Jennifer Wanless Craig, Cedric Butz, Ryan Dawson, Colette Dionne, Michael Fay, April Gates, Jonathon Hagarty, Shelley King, Corey Pietryszyn, Charles Teljeur, Victoria Ward

Supporter/Administrator

Criteria: A person who has over many years demonstrated active and productive support for the growth of arts, culture and heritage in Haliburton County.

Jim Blake, Noreen and Bob Blake, Barb Bolin, Jack Brezina, Murray Fearrey, Carole Finn, Sue Forbes, Dianne Graham, Larry Hodgson, Pauline Johnson, Daniela Pagliaro, Len and Kit Pizzey, Tammy Rea, Tom Regina, Victoria Sisson

Founder

Criteria: A person or group who is one of the original contributors to the development of the Haliburton Highlands as an arts community.

Arts Council-Haliburton Highlands, Jack Brezina, Dorset Heritage Museum, Carole Finn, Haliburton County Studio Tour, Haliburton Highlands Guild of Fine Arts/Rails End Gallery & Arts Centre, Highlands Little Theatre, Highlands Media Arts, Highlands Wind Symphony, Marion Hill, Sharon Lawrence, Margot Ziorjen

Artist of Distinction

Criteria: An artist who has worked for many years to create art or artistic experiences in the Haliburton Highlands and has contributed significantly to the vitality of the arts by mentoring/teaching, supporting other artists and representing the Haliburton Highlands with distinction.

Terry Adair, Brian Atyeo, Mary Anne Barkhouse, Wendy E. Bateman, John Beachli, Jim Blake, Gary Blundell, Glen Carter, Gary Chapman, Terry Craig, Michael Fay, Tiina Heathcock, Pauline Johnson, Thom Lambert, R.D. Lawrence (posthumously), John Lennard, Claire Loft, David Mills, Charles O'Neil, Barbara-Joy Peel, Bailey Renshaw, David Alexander Risk, Leo Sepa, Melissa Stephens, Debbie and Grahame Wales, Jennifer Wanless-Craig, Fay Wilkinson, Rickie Woods

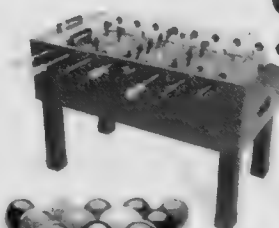


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Got a classic oldie, or a hot little set of wheels? Why not join the Haliburton Highlands Time Travelers Club? Come out to a barbecue May 17 at Lochlin Community Center at 6:30 pm. to meet the gang and find out more. This event is also the kick off for the upcoming Summer Cruise Nights.

Everyone is welcome to come out and see these cars. The group get together every Thursday evening during the summer Cruise Nights. The group alternates their meeting spots, one Thursday in Minden at the Kawartha Dairy and every other Thursday in Haliburton at the town docks. There are also special nights such as the N.A.P.A. special appreciation night in Haliburton on August 23.

So watch for these and other great classics.

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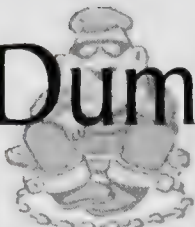
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Dumb Criminals



Lost In Space.

A teenager, who swallowed a \$3,000 ring he allegedly pilfered from a home in a Detroit area home, decided to help police recover the ring in a roundabout way.

It seems that the young man pilfered the ring while on a carpet cleaning job - and then swallowed it. When the ring's owner noticed it missing and called the cleaning firm, the crew was ordered back to the home.

After admitting the heist to the police, the jewelry bandit then offered to recover the ring while in jail after his digestive system is - well, done with it.

The police shut off water to his cell and provided a portable toilet so that the gem could be recovered after a call of nature.

Throw Up... Now Throw Out...

You have the right to remain silent, but what if you vomit evidence before police read you your rights?

Vincent Betances wants his drug-dealing conviction thrown out, arguing that eight bags of heroin he threw up after emergency medical treatment should never have been admitted into evidence.

He contends police illegally seized the evidence from an ambulance after asking him if he'd swallowed heroin - but (here's the clincher) before reading him his rights.

The state Supreme Court heard arguments in the case is expected to issue a ruling this summer.

Betances was arrested on drug charges in New Haven on June 20, 2000. Police said he was holding 30 bags labeled "The Cure."

While handcuffed and in a police cruiser, Betances began sweating profusely, turned pale and had difficulty breathing. Betances admitted he had swallowed four bags.

A paramedic gave Betances a medication to prevent the body's absorption of the drugs. A short time later Betances threw up eight bags of heroin, which were seized by the officer.

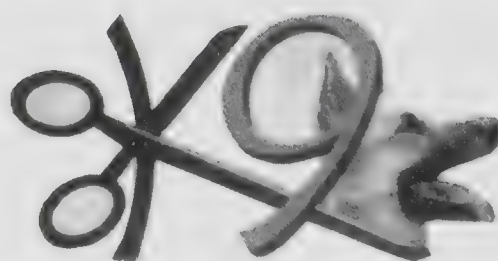
Assistant State's Attorney Toni Smith-Rosario argued that police should not be penalized for protecting the public, including defendants in their custody.

"Most defendants are grateful when police save their lives," Smith-Rosario said.

Suzanne Zitser, a public defender representing Betances, countered that exceptions to the Miranda warning must satisfy stringent requirements.

"It's not even a close call in this case," Zitser said. "There was no threat to the public or police officer safety."

Growing old is mandatory; growing up is optional



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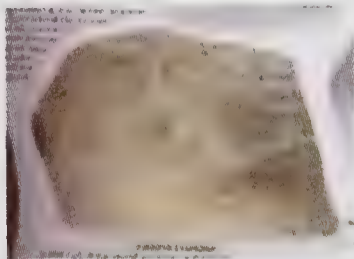
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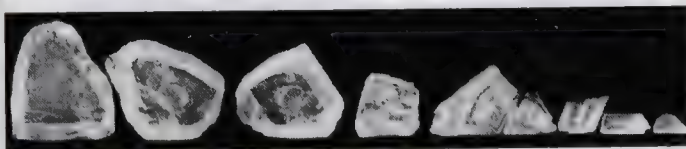
In 1905, Frederick Wells, superintendent of a mine in South Africa, paused to look at something high in the mine wall, that was reflecting the nearby light. What he removed from the rock looked like nothing more than a hunk of crystal. What it turned out to be, was the largest, gem-quality diamond ever found, at 3106 carats, or in "real" terms, about 1.3 pounds. It was named the Cullinan, after Sir Thomas Cullinan who had opened that particular mine, and was present the day the diamond was found.

Now that they had it, what were they going to do with such an enormous jewel? Well, for one it was just a semi-shiny hunk of rock. Diamonds don't take on their most appealing characteristics until they are cut and polished.

The Transval government purchased the stone, and presented it to King Edward VII of England, on his 66th birthday in 1907. The King then charged the Asscher Diamond Co. of Amsterdam, with the nerve-shattering task of cutting the diamond. For not only was it hard on the nerves, a tap in the wrong place, and the entire priceless gem (it was insured, in the rough, for 1 1/4 million dollars at the time) would turn into diamond dust.

In 1908, Mr. Asscher himself placed a steel blade in a prepared groove, and gently tapped it with a mallet. The blade broke, but not the diamond. After trying a second time, the stone split where planned, and an employee reported that Mr. Asscher passed out. When he recovered, he went on to split the rough Cullinan, into nine sections, ranging from the famed Cullinan I (also known as the Star of Africa) at 530 carats, down to the Cullinan IX, a 4.39 carat pear diamond. The "leftovers" included 96 brilliants and 9.5 carats of unpolished pieces.

Until recently, the Cullinan I was the largest finished diamond in the world, and holds place of honor in the sovereign's royal scepter, where it was put by Edward VII. The second largest section, the Cullinan II, at 317.4 carats, is now the focal stone in the headband of the Imperial State Crown, worn by Elizabeth II at her coronation, but originally worn by Queen Victoria when she ascended the throne. The English Royal Family owns all nine major sections of the Cullinan.



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The Haliburton Hospital Auxiliary

It's really quite amazing the amount of money that has been raised over the years to help in the running of our hospitals. There are several agencies that have helped in that regard; one of them is the Haliburton Hospital Auxiliary. The Haliburton Hospital Auxiliary is very much like the "Little Engine That Could". It was founded in March, 1971, by Velma Smith, a nurse at what was then called the Red Cross Hospital. The Hospital was a satellite of St. Joseph's Hospital in Peterborough. It was Ms. Smith's vision, assisted by a team of dedicated workers who got the Auxiliary off the ground and on its way to becoming an amazingly steady fundraiser for our local hospital. Their mandate is "we strive to bring comfort and hope to all who are in distress of mind or body".

Some of the earliest members included Peggy Fawns, Muriel Allport, Catherine Wilkinson, Glenna Beckham, Hilda Sealey, Alice Robertson, Margaret Bessie, Peggy Bassett, Elaine Jackson, Margaret Wallace, Cleo Hodgson and Marion Van Schaik. Some of the longest serving current members include Lillian Henry, Ellenor Bagg and Eunice Heyes. In its earliest days, Auxiliary

members often made tray favours for hospital patients, purchased toys for the nursery, looked after filing for the doctors, and began the Candy Striper program. Current membership stands at 60 active members, 10 associate members and 3 lifetime members.



Since its inception, the Haliburton Hospital Auxiliary has raised more than \$720,000 for the Hospital and has, in fact, in the last fiscal year ending March 31, 2007, contributed more than \$92,000. Recently the Auxiliary committed to purchasing a Digital Diagnostic X-Ray Machine at a total cost of \$85,000.

Over the years, other purchases made by the Auxiliary have included equipment for the Emergency Department, Acute Care, Long Term Care, Physiotherapy and other

Diagnostic equipment. Purchases have included portable X-ray machines, crash carts for use in both the Emergency and Acute Care Departments, a specialized Jacuzzi bathtub with a lift for use by long term care residents, 13 acute care beds, heart monitor, and a retractable bed for the Emergency Department. In 1996 the Auxiliary purchased the X-ray machine currently in use at a cost of \$141,650. In 1987 they contributed more than \$35,000 toward the Hospital Expansion Fund. The list is quite extensive, and when you consider that this money was raised through the sometimes small fundraising efforts which go on all year long, it's actually quite astounding.

"How do they do it?" you might well ask. Well, through a lot of hard volunteer work is the short answer, but some money was bequeathed to the Auxiliary. Judy Skinner, an Auxiliary volunteer tells of a very generous donation. "Ruth Parker was a former member of the Hospital Auxiliary, and when she passed away several years ago she bequeathed a sizable sum which was to be used to build and furnish a meeting room at the hospital, specifically for the Auxiliary," explains Judy. Suzanne Sovereign, another Auxiliary volunteer says "There were too many Auxiliary members to fit anywhere else. The room is named after Ruth Parkes, and her funds provided tables, chairs, paintings and cabinets for the room which is also used on occasion by hospital training groups."

Hospital Auxiliary cont'd.. pg. 19...

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The Haliburton Hospital Gift Shop

In addition to donations other fundraising activities include the running of the hospital gift shop. Judy and Suzanne both help out in running the gift shop. The Haliburton Hospital Gift Shop is one of the best kept secrets in town. It offers a variety of merchandise for sale, ranging from hand cream to beautiful stained glass items. It is the perfect place to go when shopping for just the right birthday or anniversary gift. There's a wonderful selection of seasonal flags (and holders) as well as beautiful hand-knits donated by members of our community. "We aren't looking to compete with other stores," mentions Judy. We're something different and unique, and offer a wide range of items that we can sell to the general public." Suzanne chimes in "We're going to start purchasing from some local artisans," she says, "ceramic jewelry, stained glass, and some pewter pieces for example. All the proceeds go to the hospital. The gift store is one more ongoing fundraising component." New spring stock in the Gift Shop will be available before the Victoria Day weekend in May. The shop is open Monday through Saturday from 12:00 noon until 3:00 p.m.

Additional Auxiliary Fundraisers

The secret of the Auxiliary's successful fundraising is that it's an ongoing proposition. Some of the other Auxiliary's ongoing fundraisers include, the Annual Geranium Sale, the "No Bake, Bake Sales", Bridge & Euchre Tournament, St. Patrick's Day Lunch, "Tag Day" on July 20th, Quilt Raffle, Spa Package Raffle, the sale of Christmas ornaments, and the Annual "Taste of Italy" Italian Dinner and Silent Auction which will be held on October 20, 2007.

In 2006, the "Taste of Italy" evening was a sold out success and the resulting profit of almost \$6,000 was donated to the hospital for the purchase of Emergency Room testing devices. This year the Auxiliary has set a goal of \$7,000 profit from the "Taste of Italy" dinner in order to purchase two Vital Signs Monitors.

Upcoming Geranium Sale

Contrary to popular belief, "Flower Power" did not go the way of "granny dresses", hula hoops, Timothy Leary and bell bottoms. It is very much alive at this time of year as the Haliburton Hospital Auxiliary commences its annual Geranium Sale. Orders are currently being taken for the Annual Geranium Sale. This year, both pink and red geraniums are being offered, either by the pot or by the flat. Due to the beautiful and high quality flowers provided

through the Eagle Lake Country Store, past customers have doubled, and sometimes tripled their previous year's orders.

Orders must be prepaid and received no later than May 15th. Flowers must be picked up on Saturday May 26th between 10:00 a.m. and 11:00 a.m. at the Eagle Lake Country Store, or between 12:00 p.m. and 1:00 p.m. in the lower parking lot at the Haliburton Hospital. Order forms are available at the Hospital Gift Shop, or those interested can telephone 705-754-2053 for more information.

Judy Skinner sums up the appreciation of Auxiliary members. "The Hospital Auxiliary is very grateful to the community for the tremendous ongoing support they provide for each of our fundraisers. The wonderful sense of community pride and ownership of our local hospital is evident by the response the Auxiliary receives from the general public at all of our fundraising events."

The Haliburton Hospital Auxiliary meets on the first Wednesday of each month at 1:30 p.m. in the Ruth Parkes Room on the lower level of the Hospital. New members are always welcome. For more information call 705-457-3919.

Pictured: Haliburton Hospital Auxiliary members Judy Skinner and Suzanne Sovereign in the Gift Shop.



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Kinsmen Club Chairty Yard Sale

One persons junk is always another person's treasure. It's always been that way! And that's one reason the Minden Kin Club holds an annual Charity yard sale for Cystic Fibrosis –and this year it's back better than ever on May 19th at 26 Prince St in Minden (Tom Prentice & Sons property). If you have any articles that are just collecting dust but would be a great for someone else, the donation of that item to the yard sale would be appreciated and would also help The Kin Club raise funds for CF. Other vendors are welcome to join in for a small donation. For info on drop off locations and times, or being a vendor at the event call Karin @ 286-1171. The sale runs from 7:30 am and goes all day.

Bad Predictions

Can I Take That Back Now....

"Within fifty years much more attention will be given to experiments in the breeding of humans, as well as of animals and plants. By that time it will have been forcibly demonstrated that no system of national defense can save any nation so long as the unfit are breeding more rapidly than the fit. This is the primary reason why national savings have decreased, while the economic loss through liquor, gambling, indecent publications, misleading broadcasting and other commercialized evils has increased so rapidly."

- economist Roger W. Babson, Looking Ahead Fifty Years,

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Town Puts Trust In Students To Build Attraction

Sustainable building honours author R.D. Lawrence

Pictured left is the official ground breaking ceremonies held recently!!



Twenty-six students from Ontario and beyond have just moved to Minden to learn about sustainable building techniques and in fact, create an addition to the town's attractions.

The students are enrolled in the Sustainable Building Design and Construction Course at Fleming College, Haliburton Campus, and under the leadership of professor Chris Magwood, will build R.D. Lawrence Place, honouring one of Canada's most respected journalists, authors and environmentalists.

Over the course of 20 weeks, the students will build the 1900 sq.ft. facility featuring: Straw bale construction with earthen and lime plasters; Indoor constructed wetland for water treatment; Solar water heating; Renewable electricity generation; Passive solar design; Non-toxic finishes and interior surfaces; and many more leading edge technologies showcasing the best in environmental building techniques and materials.



environmentalism with his life's work. R.D. Lawrence Place will pay tribute to this remarkable legacy in a building that works with nature and natural materials to set new standards for modern green building."

Background

In 2006, Sharon Lawrence donated original manuscripts and artifacts of R.D. Lawrence estate to the Minden Hills Cultural Centre. A group of enthusiastic volunteers quickly gathered to plan a suitable space to house the collection and provide top-notch programming opportunities for adults and children.

Local council agreed that this was a tremendous opportunity for the Township of Minden Hills to create a permanent asset - not only will the building itself be of keen interest to a huge audience, but the internationally renowned name R.D. Lawrence will entice those readers who have loved his books for forty years.

Who was R.D. Lawrence? He was a university-trained biologist, an environmentalist and award-winning author of more than 30 books published in 26 countries in 15 languages.

Every book he wrote was about Canada, it's people, its animals and its environment. For more than 25 years, Ron and his wife Sharon lived in Haliburton County and welcomed 10,000 visitors from around the world to the nature sanctuary they established. Ron was a mentor who regularly visited schools and inspired children with his talks. He was instrumental in the creation of The Wolf Centre at Haliburton Forest and welcomed opportunities to share his knowledge and philosophy with others.

R.D. Lawrence Place will be part of the Minden Hills Cultural Centre, which consists of the Agnes Jamieson Gallery, Minden Hills Museum and the local branch of the county library.

The project is expected to cost \$250,000. Centre director Dianne Graham comments, "We appreciate the trust Minden Hills Council has displayed and their investment in this exciting project. Our goal is to make R.D. Lawrence Place a wonderful gathering place for our local

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After School Recreation Program

By Erin Lynch

Many youth spend a significant part of their lives in front of the television, remote control, computer and video game system. A unique program in the county encourages physical activity at a time when it has never been so important.

The After School Recreation Program takes place in the communities of Minden, Wilberforce and Cardiff. The weekly program gives young people an opportunity to develop strength, social skills and creativity through physical activity and play. It exposes them to positive role models, improves their self-esteem, performance in school and relationships with family and friends. Besides a weekly program, there are special trips during Christmas Holidays and March Break. This year the Minden and Wilberforce group had the opportunity to go to the Bobcaygeon swimming pool and in March all three programs went to Kinark Outdoor Centre for a day of tubing, rock climbing and fun games.

"Teamwork is a huge part of the after school program. Most of the games we play have to do with teamwork and that is a great skill for everybody to be able to have," says Cardiff Elementary School student, Natasha Hurst.

"The After-School Recreation program builds gross-motor skills and self-esteem. What I really enjoy seeing are children trying something they didn't think they could do and succeeding. That's something you can't teach," says Cheryl Riley, Recreation Coordinator of the Wilberforce program.

The program and all activities are offered for FREE, allowing every child to participate without any financial barriers. For some, this is the only extracurricular activity they participate in. With 1 in 5 children living in poverty in Haliburton County, this program provides an important opportunity for all children to participate.

"I see the benefits of the Recreation Program on a daily basis. The children eagerly await their opportunity to participate each week. They are more physically active and demonstrate improved social relationships.

By partnering in this type of programming, the school has become a positive focal point in the community. The children are not just 'playing' but are also becoming involved in building an increased sense of community that will have long lasting positive effects for them and the community at large," says Elaine Fournier, Principal of Cardiff Elementary School.

The After-School Recreation Program is in its third year. In its first year the program was funded by Health for Life. Now the program has various partners in each of the communities such as local municipalities and service clubs. All programs are administrated by Point In Time Centre for Children, Youth and Families. Each community has a recreational committee that meets four times

a year made up of school administration, a recreational coordinator, Health Unit representative, parents and community members.

Currently, the After-School Recreation Committee is fundraising to ensure next year's program is a success. A recent triumph has been a \$5,000 grant from General Mills from their Champions for Healthy Kids program. Twenty five grants up to \$5,000 are awarded across Canada. Haliburton County was fortunate to be chosen.

If you would like to donate to the program as an individual or as a business, please call Erin Lynch at 457-5345 or mail to Point In Time, Centre for Children Youth and Families P.O. Box 1306, Haliburton,. Charitable receipts are available for amounts over \$10. Your donation is a commitment to healthy youth in our community.

"I think getting children active is a community responsibility," says Sandi Prentice whose son, Ben participates in Minden, "What would they otherwise be doing? Watching TV, hanging out in town?"



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Three Cheers for Curves

Curves, The worlds largest fitness franchisor is proud to announce that the 2007 curves food drive brought in 650 pounds of food in Haliburton which will benefit the Haliburton and Minden Food Bank. Around the world Curves Members donated 11 million pounds of food to their local food banks.

This was Curves international's ninth food drive and Haliburton's fourth, time to participate. Every year in March, women have the opportunity to donate a bag of groceries in lieu of paying the curves membership fee. Hundreds of thousands of women take advantage of this opportunity to help them selves become healthier while contributing to the needs of their community's less fortunate residents. The food drive accounted for 9 new memberships at the Haliburton curves, and added more then 16600 new members to the curves family worldwide. "Curves and our members are delighted to help our community" said Leona Smith Haliburton's Curves franchise owner. "The food drive is an excellent program that fits perfectly with the curves philosophy, promoting the health of the whole woman, the opportunity for our members to give back to the Haliburton Highlands community promotes the spirit of giving" In the past decade curves franchises have collected and distributed more then fifty million pounds of food to local food banks throughout the world.

Get Your Walk For Heart Pledge Forms

Get Your Pledge Forms Now For Upcoming Walk for Heart A 1 or 5 km walk for Heart will be held on Sunday, June 24th, 2pm. beginning at Sir Sandford Fleming Haliburton Campus. Pledge forms are available in Haliburton at front desk of the college or Marty's Health Food Store, or in Minden at Leitha's Sweets & Treats or My Size Ladies' Fashions. Walk for your own heart health and raise money for Heart and Stroke research at the same time.

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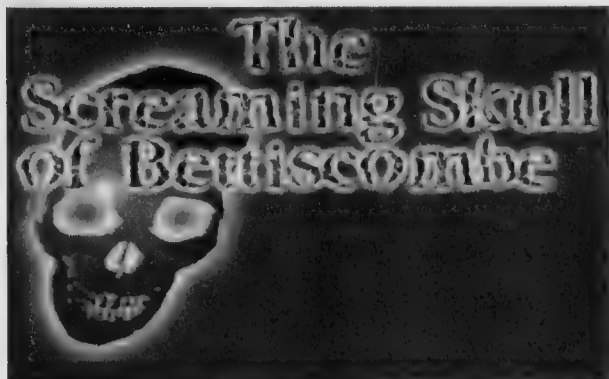
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Canada

Ghost Stories

Scary Tales

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...



This famous manor, tucked away in a village of the same name in Dorset, is also known to many as the 'The House of the Screaming Skull'. It has belonged to the Pinney family for hundreds of years and it is a member of this family that is connected to the ghostly tale surrounding the house.

In 1685 Azariah Pinney was banished to the West Indies for supporting the Duke of Monmouth. He soon became a successful businessman and eventually returned to England. With him he brought one of his blackslaves but soon after they arrived in England the slave became ill and died. His last request was that he be buried in his native home, but instead Azariah buried him in the local churchyard. Terrifying screams and moans came from his grave and doors and windows banged and rattled in the Manor so much that the slaves' body was dug up. In the process however, his head became separated from his body, but for a time all the noises and activities ceased.

A few years later a new occupant of the Manor was so appalled by the sight of the old skull that he threw it in the lake. As soon as he did so a piercing scream filled the air and only stopped when the skull was brought back in to the house. Ever since, the skull has reacted in the same way when it is removed from the house.

It is said that on one particular night of the year a ghostly coach hurtles up the road from Bettiscombe Manor to the local Churchyard, the locals call this incident "the funeral procession of the skull".

A writer by the name of Eric Marple spent a night in the manor with the skull in the 1960's and claimed to of not heard any screaming but was apparently plagued by nightmares. He declined an offer to stay a second night and hastily left the manor.

The owners of Bettiscombe manor are now never bothered by the skull - they of course never remove it from it's home in a box in a bureau drawer.

To add further to the confusion about the skulls origins another popular story is that Azariah and the slave originally had a fight to the death, the skull being the only thing that remained of the loser, only nobody knows which one lost!

In 1874, Judge J.S. Udal recorded that the skull had been preserved on the premises 'for a time long antecedent to the present tenancy' and 'the peculiar superstition attaching to it is that if it be brought out of the house, the house itself would rock to its foundation, while the person by whom such an act of desecration was committed would certainly die within the year'.

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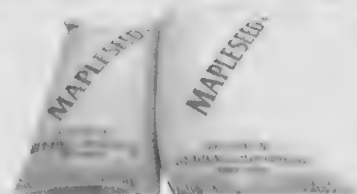
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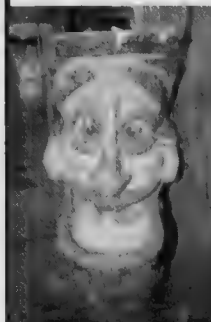
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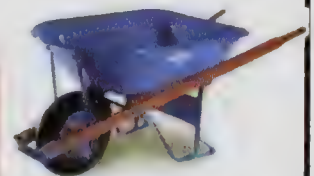
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Butterflies

Recently I grew tired of my screensaver picture and searching for something new and fresh, found an image of a butterfly I'd taken in our flower garden last summer.

Gazing at the image while the computer booted up, one of my favourite stories came to mind. It was about a man who, out for a walk in the bush, came across a butterfly struggling to get out of its cocoon. Being the nice chap that he was, he thought he'd help it out so punctured the sac gently and offered it an easy exit. The butterfly flapped its wings and instead of flying off, fell from the man's hand and crashed to the forest floor where it soon died.

How could I like such a tragic story? Well, because it confirmed my hope that there was a purpose to our struggling. You see, there was a reason the butterfly had to work so hard to break free. By pushing and beating against the cocoon walls, it built up the muscles it needed to flap its wings. When the man unknowingly removed that obstacle, he removed the training the butterfly required to succeed in its next phase of life.

I found the story comforting because it made me feel like there was some grand design behind all my trials and aggravation. I didn't know what that was, but being aware of this way helped me let go of my anxiety and happily get on with the day.

Out on my walk, I began wondering about the story and soon realized that for human beings, it wasn't our extremities that were in need of strengthening, it was our hearts that needed the workout. I began to understand that the more we overcame and the more we triumphed over, the more appreciation and compassion we could hold within. And only with a full and powerful heart would we finally understand what the great teachers were trying to tell us: heaven was right here on earth.

As I kept walking, I also understood that struggling was not synonymous with suffering. Hockey players struggled to make the team, immigrants struggled to make a better life, and students struggled to get their degrees. So what was the difference? The word 'hope' popped into my mind and that got the wheels spinning. Hockey players, immigrants and students were willing to do

whatever it took to achieve their dreams, and nothing was going to stop them...because they had hope...and a sense of purpose.

And I thought about my first dog, Morgan. Purpose was what she had: a strong desire to please me. In her final months she had a difficult time walking, so I occasionally had to lift her backside up. She kept smiling through it all: never letting on she was in any pain. She ate well and still let me groom her. The concept of suffering had never occurred to her.

Perhaps suffering is a human emotion related to an unexercised heart. Perhaps those who suffer have no sense of hope or purpose so see no reason to push through the obstacles.

And what if one did break through? Then what? Did life suddenly become a breeze? I returned to the butterflies to see if they could further instruct me. What I learned was that when they emerged, their muscles were strong but their wings were limp. Before they could fly off, they had to take time to pump fluid into their wings and then let them harden.

I could relate to this. I felt like I had a big breakthrough last month when I came to understand the importance of respecting and nurturing all life. But then I found myself doing just the opposite. I then

realized it would take time for the words to solidify and become my way. Old habits were hard to break, and I had to start by nurturing myself and allowing myself time for the understanding to set in: to harden. This was what butterfly did, and this was what I had to do too.

And so for now, I will dance through the various emotions of life until one day my heart is strong enough to lift me to the next stage of being...and then...

I will soar.

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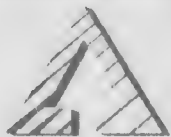
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Crazy But True Law Suits

Shawn Perkins of Laurel, Ind. Perkins was hit by lightning in the parking lot Paramount's Kings Island amusement park in Mason, Ohio. A classic "act of God", right? No, says Perkins' lawyer. "That would be a lot of people's knee-jerk reaction in these types of situations." The lawyer has filed suit against the amusement park asking unspecified damages, arguing the park should have "warned" people not to be outside during a thunderstorm.

Stewardship Series Workshop: Climate Change: Will your Woodlot?

Friday, May 25, 2007 9am - 3pm - Kinark Outdoors Centre

Since there is no long a debate over whether or not climate change is happening, come find out how it will affect you as a landowner. Experts studying and predicting the impacts climate change will have on local ecosystems will discuss impacts to forest management, health and wildlife in your woodlot. You are encouraged to bring binoculars for the field trip, weather depending, to join presenters as they point out how your woodlot may change.

Cost for the workshops is \$25.00 per person per day, tax included. Please make your payment upon arrival. Lunch is provided. The event takes place 9:00 a.m. to 3:00 p.m. rain or shine. To register please contact Nicole Tuyten, Stewardship Coordinator
Haliburton Highlands Stewardship Council, Box 820, 12698 Hwy 35 By-Pass, Minden, ON K0M 2K0, (705) 286-5206; Nicole.tuyten@ontario.ca www.ontariostewardship.org/Haliburton

Shine Those Sneakers

Grab your sneakers, slip 'em on and join many others in this year's annual Sneaker Day walk in Minden taking place May 11th.

This is the 13th year for this fun event that last year saw hundreds of participants. The fun all begins at 11 downtown in Minden at the Village Green. There will be free refreshments and draw prizes.

This event is very popular and growing every year. It has become a celebration for spring – for getting outside and enjoying the weather and health. It is neither a fund raiser nor a competition, but rather, Sneaker Day promotes walking to improve health. It is a happy ramble along Minden's wilderness trail.

Although not a competition, some area businesses do partake in friendly challenges between workplaces.

It's become quite an event. There is a bag piper who pipes the first set of walkers off to a start after the opening ceremonies. The event in Minden is organized by the Sneaker Day Committee and also sponsored by Health for Life. Be sure to come out and enjoy a walk with others and see why so many come back year after year. For more information contact Ray Nobles at 286-6714.



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Lange on the Law *Donald Lange*

by **Donald J. Lange**
Barrister & Solicitor

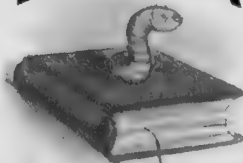
The Rule of Law

The preamble of the *Canadian Charter of Rights and Freedoms* begins with the phrase; "Whereas Canada is founded upon principles that recognize the supremacy of God and the rule of law." The "rule of law" is a cornerstone of Canadian constitutional order and it is expressed in our lives in various ways. Most importantly, the *Constitution Act* itself states that any law that is inconsistent with the provisions of the Constitution is of no force or effect. Statutes enacted by the federal parliament or a provincial legislature which conflict with the Constitution are invalid and, technically speaking, do not become law. Since any law which is inconsistent with the Constitution is invalid, any actions or decisions taken by government officials in reliance on such law are also invalid since these actions or decisions will have been taken without legal authority. The application of constitutional law, therefore, primarily focuses on whether particular laws are valid or invalid under the Constitution.

In order for the rule of law to work, there must be the assurance of an independent judiciary. There must be a system of legal representation through an independent legal profession. And there must be effective and impartial enforcement of law and order through police services. These are necessary for, and protected by, the rule of law. The maintenance of the rule of law would be impossible if unconstitutional laws could not be challenged in the courts. As a result, the Supreme Court of Canada has held that the guarantee of access to the courts for the determination of a person's legal rights is embodied in the rule of law. So, the next time you read in the newspaper that someone is challenging a particular law as being unconstitutional because it violates a provision of the *Canadian Charter of Rights and Freedoms*, the rule of law is at work.

In the next column, I will be talking about fraudulent conveyance.

Learn A



Word

Foursquare

*for-skwar\adj 1: square *2: marked by boldness and conviction: forthright.*

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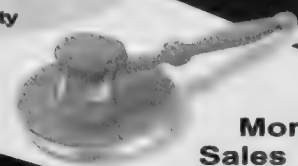
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Why do
parachutists
yell
"Geronimo!"
when
jumping
from an
airplane?



Have You Ever Wondered *Why is it that...*



went to see a western at the post movie house the night before the jump. The movie featured the cavalry mixing it up with the famous Apache chief Geronimo. None of our sources said exactly what movie this was, but one supposes it was Geronimo (1939) with Andy Devine and Gene Lockhart.

After the movie the men went to the post beer garden to further calm their nerves, and after a few hours were feeling pretty courageous. Strolling back to camp, Private Eberhardt announced that he expected the

The custom of yelling "Geronimo!" is attributed to Aubrey Eberhardt, a member of the U.S. Army's parachute "test platoon" that demonstrated the feasibility of parachute troop drops at Fort Benning, Georgia, in 1940. To speed up the drops, the brass decided to try a mass jump, in which the chutists would jump from the plane in quick succession. The men were nervous about this, and to relieve the tension a group of them

next day's jump to be no different than any other. His friends immediately began to razz him, saying he'd be so scared he'd barely remember his name. This ticked off the six-foot-eight Eberhardt, who was known for his confidence and powers of concentration. According to Gerard M. Devlin, author of Paratrooper! (1979), he declared, "All right, dammit! I tell you

Geronimo cont'd... pg. 31...

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Geronimo

cont'd.. from pg. 30

jokers what I'm gonna do!
To prove to you that I'm not
scared out of my wits when
I jump, I'm gonna yell
'Geronimo' loud as hell
when I go out that door
tomorrow!"

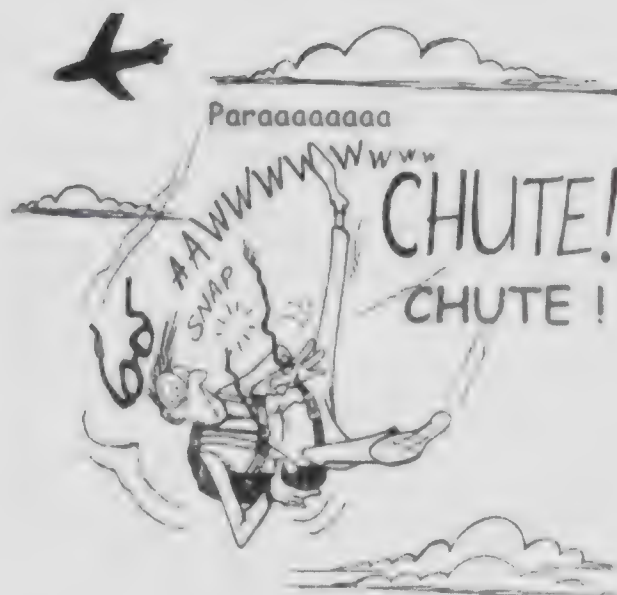
Next morning half the
platoon strapped on their
chutes and boarded planes
while the other half sat by
the edge of the jump field
to watch the drop. By now
everyone had heard about
Eberhardt's promise. The
lead plane flew over the
field at low altitude and the

men began spilling out as planned. As the chutes popped open,
the guys on the ground could clearly hear a shout of
"Geronimo!" followed by an Indian war whoop. Eberhardt had
made good on his boast and the unofficial yell of U.S. airborne
troops had been born.

Some people claim that jumpers yell "Geronimo!" because if
their main chute hasn't opened by the time they're done, they
know it's time to deploy the reserve chute. Not true. Official
U.S. Army practice is to count out loud "one thousand, two
thousand, three thousand, four thousand" (or higher, depending
on the type of aircraft). If you're still dropping like a rock after
that, deploying your reserve chute is strongly advised.
Regardless of what you say, yelling on exit is a good way to calm
the jitters and stay focused on what you're supposed to do.

One wonders if the course of history might have been different
had Eberhardt and his friends seen a movie other than Geronimo
before the big jump. Another notable 1939 release was The
Wizard of Oz. Would the enemy have quaked with terror had
jumping U.S. paratroopers shouted, "And Toto tooooooooo?"
Thinking the same thought, what if they'd seen Rocky?
Jumpers everywhere today might be shouting, "Adriiiiiiaa!"
For that matter, what about The Terminator? Think of the loss of
credibility if they shouted, "I'll be baaaaack!"

The Par "ah Shoot" Chute



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Grandmothers to Grandmothers Update

Group Has Raised Over \$800,000 for the Campaign!! Way To Go

Grannies!!

The Grandmothers to Grandmothers Campaign seeks to raise awareness and mobilize support in Canada for Africa's grandmothers. The campaign was launched by the Stephen Lewis Foundation on March 7, 2006, on the eve of International Women's Day.

Since the launch, more than 145 groups of Canadian grandmothers have taken up the call to action and together have raised over \$800,000 for the campaign. The Stephen Lewis Foundation directs these funds to community-level organizations in 14 sub-Saharan African countries that provide grandmothers with much needed support, such as food, housing grants, school fees for their grandchildren and grief counseling.

An African Grandmother and care giver of 28 orphans describes the problem. "My message to the whole world is that the world should get up to fight HIV/AIDS and to try to get medicine for the people who are infected, so that the children they are trying to bring up, the children they are fighting for now, can have at least hope in life. I want the whole world to see now that this epidemic is killing the young generation, leaving their children in

the hands of the grandparents, who are weak, who are helpless. So I am appealing to the world if they can also look into the problem of the grandparents."

Her words have not gone unheeded. Stephen Lewis took up the cause with these words: "We almost never think of the grandmothers, except in

passing. Yet they are emerging as the unheralded heroes of the continent. They're poor, they're old; they live with the inconsolable anguish of having buried their own adult children. They're tired, they're hungry, and yet they're fast becoming the true, resilient, magnificent hearts of the struggle of the continent."

We last spoke to the Minden chapter of Grandmothers to Grandmothers, or the Grannies Group as they call themselves in November of last year. At that time they were getting ready to hold their first fundraising event, an open house which took place on Sunday December 17th, at the Stouffer Mill Bed and Breakfast. We caught up recently with Mickey Bonham who is

the spokesperson for the group. "Our membership is up from 5 in November to 20 now, and we realized \$2100 from our open house," says Mickey. That money, a quite remarkable sum to raise for such a new organization in our area went to the Stephen Lewis Foundation. "The foundation looks at various worthy projects and the money is given to the projects that need it the most," explains Mickey. "There is no wastage, and it is all very well managed. At the present time the foundation is supporting over 140 projects in 14 African countries."



Special Guest Speaker Gives Talk and Slide Show

It's not as though the local chapter is operating in a vacuum either. On Wednesday, April 11 at the Zion United Church in Carnarvon, Mary Anna Beer gave a talk about the current situation regarding orphans in Africa. Ms Beer, herself a grandmother of 3, and a retired teacher with the Toronto and York Region Boards of Education, has traveled to many countries in Africa including Zambia, Zimbabwe, Swaziland, South Africa, Malawi and Kenya, during 7 trips to Sub Sahara Africa. She has worked in Africa with orphans and vulnerable children affected by HIV/AIDS. Needless to say she is a woman who knows of what she speaks. Twenty

Grandmothers cont'd... pg. 35...

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Where are they NOW

Hollywood Stars Gone Missing

Elke Sommer

Name: Elke Sommer

Born: November 5, 1940, Berlin, Germany

Birth Name: Elke Schletz

Claim to Fame: Elke has starred in over seventy feature films and many of television's most successful mini-series. But probably the role most people remember her for is in the movie, A Shot In The Dark.

Family Life: Wolf Walther (August 1993 - present)

Joe Hyams (1964 - 1981) (divorced)

Info: Elke is also known as a fierce competitor and has competed in many celebrity tennis tournaments and is a tournament winning golf player.

Trivia: In the 1960s, while living in Beverly Hills, she and her then-husband Joe Hyams believed their house to be haunted.

Performed as a singer and released some records.

Currently splits her time living in both Los Angeles and Germany.

Beat Ursula Andress and Tippi Hedren at the 1964 Golden Globes for Most Promising Female Newcomer.

Is an accomplished painter... influenced



by Marc Chagall.

Elke's art has been presented in 39 one-woman shows and she hosted the 13 part series "Painting with Elke" on PBS.

A prize winning race car driver she was the of the nationally syndicated television show, "The World Of Speed And Beauty."

Is fluent in five languages.

Raises cymbidiums and roses in the lush gardens of her two acre estate in Bel Air.

Won a \$1.25 million libel lawsuit against Zsa Zsa Gabor in December 1993, forcing Gabor to declare bankruptcy.

Where is She Now: Continues to act in plays around the world and paint. Still out there golfing too. In April of 2006 she competed in the Alice Cooper Celebrity Golf Tournament.

Brain Teaser:

What does this represent?

One Another
One Another
One Another
One Another
One Another
One Another

Answer:
six of one
half a dozen of
another

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Grandmothers cont'd...

...from pg. 32

five people were there to hear her speak, and Mickey Bonham recapped the gist of Ms Beers talk.

"She told us that the campaign was spreading to other countries like the States, the UK, Australia and New Zealand, and a thrust of the campaign, and some of the funds go to help grandmothers send children to school, and to help them support the orphans by supplying them with the means to obtain food, uniforms, textbooks, and shoes. Funds were also supplied for bereavement counseling, and for skills training for the grandmothers. Some grandmothers have been trained in jewelry making, sewing, and small scale farming. The small amount that they make from their sales helps them to be more self sufficient, and assists them in caring for the orphans, and themselves." Ms Beer used a slide show to help get her message across. The slides consisted of images taken in Africa which demonstrated the sub-standard living conditions. Mickey was quick to point out however that "African grandmothers don't want our pity. They want help to raise their grandchildren. They know that they can do this with help, and they see education as the way out. They are organized and they feel very strong."



African Film Night and Auction

The next fund raiser for the Minden Grannies Group is to be an African Film Night accompanied by an Unusual Silent Auction. There will be two films, each of approximately 30 minutes duration. One film is called "Grandmothers, The Unsung Heroes of Africa." It features an introduction by Stephen Lewis himself. The other film is called "A Generation of Orphans." It's a new film from the foundation. The Unusual Silent Auction will feature African art and carvings, handmade porcelain dolls, and other unusual items, mostly donated or made by group members, and interested people in the community. "It's not your usual silent auction," Mickey mentions mysteriously. Terms for the auction will be cash or cheque only. In addition there will be entertainment before the films, supplied by the grannies, who will give a demonstration of African drumming. Not to be outdone, the Abbey North Drummers will also be performing their eclectic brand of skin bashing. "In between the entertainment and the films, people can go downstairs and bid on the silent auction items, and enjoy African appetizers and refreshments," Mickey concludes. Admittance is by donation at the door. Sounds like quite a night, and it's for a great cause.

The African Film Night will be held at the Minden United Church on Friday May 11th @ 7 pm. For more information on the film night, or to find out more about the Grandmothers to Grandmothers group and the Stephen Lewis Foundation call (705) 286-2198.

Pictured: Guest Speaker Mary Anna Beer; and (previous page) Grannies members Donna Colby, Sandy Valentine, and Cath McLean, with Mary Anna Beer



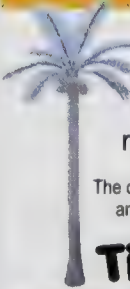
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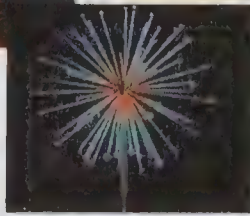


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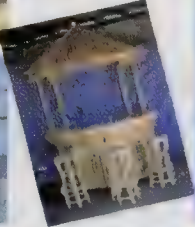
The colourful electronic animated fireworks that are so real looking and so bright, they are mistaken for the real firework display.





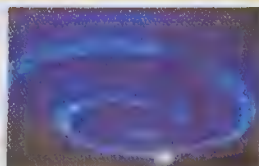
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Three Fantastic Performances – One Great Night!!

Cass Marie – The Hemlocks – Bethany Houghton

Music enthusiasts won't want to miss a great upcoming concert showcasing an array of local talent. Local singer/songwriter, Cass Marie will be performing with her band at the Kinmount Community Centre on Saturday May 12th. The ensemble includes Ernie Demuth on guitar and local favorite, Bethany Houghton (see **The Communicator**). Show time is at 8:00 pm and will also feature the popular band, The Hemlocks. The concert will celebrate Cass's release of her first CD entitled *Road Through Denial* and is an all ages event. Tickets are \$10 in advance or \$15 at the door. Advance tickets are available in Minden at Pharmasave, in Haliburton at the York Street Internet Cafe, in Kinmount at Austin Lumber or by calling Ian at 754-1266 or Cass Marie at 286-4370.

Cass Marie

An exceptional example of the home-grown talent that is flourishing in the Highlands.

By Erin Lynch

It was about a year ago when Cass Marie began singing publicly. The 29-year old woman from Kinmount began appearing at local Open Stages. With a powerful throaty voice she soon became a regular. Just a year later, Cass is embarking on a musical path that may take her places she never dreamed of. Last February she opened up for music legend, Willie P Bennett at a concert in Bancroft. With the recent release of her CD, *Road Through Denial* which initially sold out and is now in its second run, Cass has formed a band and is giving her first debut concert May 12th at the Kinmount Community Centre.

Although Cass only began playing the guitar 7 years ago when she was studying Theatre Arts at Algonquin College, the local songwriter has always enjoyed singing and performing. Her first public performance was over 16 years ago at talent night at Archie Stouffer Elementary School. She recalls singing Under the Boardwalk.

A self professed child of the 80s, Cass says that at home her parents often played Classic County. She recalls no one playing live music when she was growing up.

"My grandfather was said to have had a good ear and could pick up any instrument from a guitar to a fiddle. Unfortunately I never got to meet him," says Cass.

Throughout high school she performed in numerous school plays and often sang.



"I love performing. I have a thing for the spotlight," says Cass who ironically always thought of herself as shy.

"Being on stage allows me to be someone else. I can take on another persona," says Cass who admits she still gets a little nervous before performing.

You would never know that this brass singer has any stage fright as she exudes confidence.

"Every time I get up on stage and sing I win a little battle with myself," says the talented local singer.

Influenced by musicians such as Ani Defranco, Fiona Apple, Sarah McLaughlin and Jane Arden the 10 tracks on the mostly acoustic, *Road Through Denial* explore personal turmoil, love and loss.

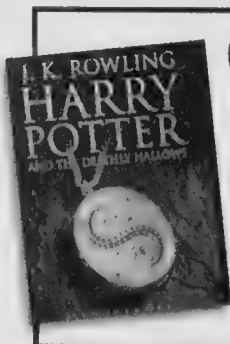
"It's not man-hating music. It just sounds like that sometimes. The album was very therapeutic. It allowed me to get things out that I couldn't say. Some songs are kind of angry but there are happy tracks too," says Cass at a rehearsal prior to her concert.

Road Through Denial is available for sale in Minden at Pharmasave and Steadman's and at the concert on May 12th.

Working on new material, Cass now has a band with Kinmount native, Ernie Demuth on guitar and Bethany Houghton who plays cello and fiddle. She met fellow band mates at an open stage.

"With Ernie I just heard him play and went up to him and said I need a guitar player," admits Cass. With a few upcoming gigs including a festival in South Western Ontario, the local singer can expect to be in demand in the future. Listeners can check her out

Cass Marie Cont'd... pg. 37...



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Cass Marie

... from pg. 36

on May 26th when she will be appearing live on Kris Kadwell's show, *Paddling Beyond The Mainstream*. His show features great music selections and sometimes live artists every Thursdays between seven and nine p.m. on 100.9 Canoe FM.

Cass Marie is an exceptional example of the home-grown talent that is flourishing in the Highlands.



cover band, *Minor Details*. Kris is a music teacher and a resource of music knowledge and trivia which is apparent to anyone who listens to his excellent radio show, *Paddling Against the Mainstream*, Thursday nights on Canoe FM.

The female voice that often sounds like a melodic bird in the band is April Gates. Also playing guitar, her clear voice ranges from sweet to haunting, depending on the track. The talented songwriter divides her time between music and

pottery; two creative venues in which the artist excels.

Kris says what's most exciting for The Hemlocks is that they are now starting to introduce their own original songs, a music collaboration with input from all band members. This journey is something they all look forward to.

Upcoming, The Hemlocks will be playing with Cass Marie on May 12th at the Kinmount Community Centre. Then on May 26th the band will be featured at a fund raiser for The Maple Lake Artisans Collective at The Art Hive, 10239 Hwy 118. Audiences can look

The Hemlocks

Comprised of April Gates, Barry Hayward, Kris Kadwell and Ian Pay the group brings together a vast array of musical talent

By Erin Lynch

Trying to find a suitable band name can be a difficult endeavor. People have so many different associations with names. Local band, The Hemlocks almost became April and the Showers when they formed a year and ½ ago due to singer, April Gates. However, April wasn't too keen on the idea feeling that the group's name would misrepresent the band as a 50s pop ensemble. Thus, they became The Hemlocks, rooted and down to earth; a reflection of the band itself.

Comprised of April Gates, Barry Hayward, Kris Kadwell and Ian Pay the group brings together a vast array of musical talent. With great harmonies, the acoustic band plays numerous jazz and folk covers.

In the rhythm section is Barry Hayward. Barry has been a musician and performer for over thirty years, covering musical styles from classical to world beat. A certified Drum Circle Facilitator, Barry's passion for hand-drumming and percussion is both infectious and inspirational. Besides playing in The Hemlocks he is also a principal drummer with Abbey North Drummers, an ensemble dedicated to an end to the HIV/AIDS pandemic in Africa, ecological living, social justice and the de-legitimization of war.

Ian Pay plays numerous instruments including the electric guitar, banjo and piano. In The Hemlocks, Ian plays the stand-up bass. "I like the stand-up bass because I can dance with it," says Ian who began playing the large instrument six years ago.

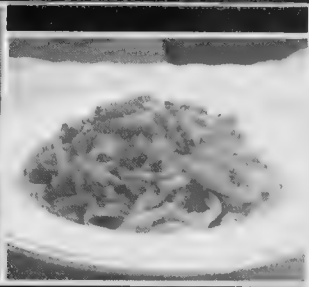
An excellent resource for many musicians in the County, Ian has a professional recording studio in his basement, rents out PA and recording equipment and does instrument sales all under his business, Quantum Entertainment.

As cellist Bethany Houghton says, "If you want to find a musician go to Ian. He's an entertainment pimp."

The band's great guitar picking can be attributed to Kris Kadwell. Kris has played in various bands including the former local rock

The Hemlocks cont'd... pg. 38...

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The Hemlocks Cont'd...

...from pg. 37

forward to The Hemlocks at this year's production of Dusk Dances held in the park in Haliburton: July 19, 20, 21 and 22. The local band can also be seen various nights this spring and summer in Haliburton at Tracey's Bistro and The Old Country House in Haliburton.

To steal ideas from one person is plagiarism; to steal from many is research

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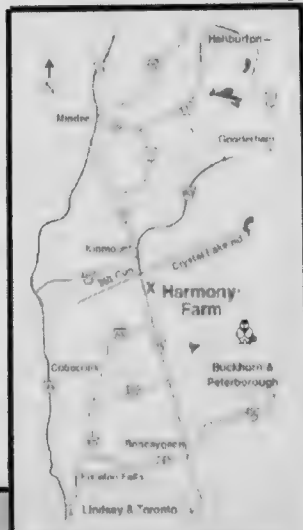
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Bethany Houghton

(Excerpts Taken from a current feature in The Communicator by Lea Harper)

The musician — who began studying music at the age of four — is surrounded by some of her oldest friends: the cello, violin, viola, mandolin and banjo. Both her sisters play violin which may account for Bethany wanting to begin her musical journey on the cello.

Bethany began teaching music while she was still in high school at the Etobicoke School of the Arts in Toronto.

Music is Bethany Houghton's life and it's a full time job. During the day she

works on repairs or the making of instruments and then teaches in the evenings. She's "built up her numbers of instruments" over the years so that she is able to rent them out, particularly to new students who may not be quite ready to make the commitment to purchase their own.

Bethany loves to perform. She plays a lot of weddings and tries to make it out to Haliburton's two Open Stages whenever she can. Once a week she volunteers at the Haliburton Dance Arts and right now is helping with the musical "Annie" as a vocal coach. In August she'll be conducting a week-long course for string players at the Haliburton School of the Arts. She's currently involved in a recording project with Cass Marie, a local singer-songwriter who is in the process of making a CD.

Bethany likes all kinds of music which is one of the reasons she encourages her students to experiment. "I'll introduce my classical students to other styles" and inversely has "her fiddlers" take a classical lesson once a month. "I played with the Mississauga Symphony Orchestra for awhile — with a group called the Ital Philharmonic (a group of mostly Italian descent, that generally played selections from Verdi operas. I say this with a cheeky grin, of course.) I've played with multiple quartets over the years, most notably, the one my sisters and I put together," Bethany says. She also joined a rock band in high school that "performed songs by Metallica".

The violin has a rich and varied history. So much culture is tied up with it, thus the prevailing attitude whenever the instrument is removed from its classical moorings. "There is a prejudice against cellists and violinists playing fiddle," Bethany says, and she has written a short story, a piece of creative non-fiction addressing the dilemma called "A Fiddle in the Attic" which she hopes to publish.

Bethany is quite comfortable on stage. (This is the girl whose first public recital was in kindergarten playing a French folk song on cello.)

Bethany is particularly hard at work right now as she has been hired as the musical director for Michael Fay's next play 'Last of the Great White Pine', an original romantic tragedy, set at the Haliburton County Fair in 1884. She's a busy gal and a very talented performer — you won't want to miss her upcoming performance.

To reach Bethany Houghton for music instruction or to hire her for engagements, please call: 286-6255



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The Shape Of A Girl

By Lea Harper

In a powerfully moving script by award-winning playwright, Joan MacLeod, Haliburton's celebrated actress, Kathryn Boyd takes on the role of Braidie, a fifteen year old who is haunted by the news of a teenage girl set upon and murdered by her school-mates. As Braidie struggles to make sense of the horror, her reflection turns inward and she is forced to examine herself and her friends in the context of complicity and culpability. Essentially, Boyd's Braidie puts herself and her friends on trial. The result is a stirring confession that cuts to the core of what it means to grow up in an indifferent and unforgiving world where expectations and peer pressures can have tragic consequences.

Although never actually revealed, 'The Shape of a Girl' is based on the Reena Virk story, and as Braidie is witnessing the dreadful trial on TV, her

monologue unfolds. "How do we empower the bystander?"

Kathryn Boyd asks, how do we end "the conspiracy of silence?" Kathryn notes that "the girls in the Virk case who were directly involved with the beatings (although not in her drowning) were given minimal sentences."

I sat on a different sort of jury, in 2001, when poet and courtroom artist, Heather Spears made the shortlist for the Pat Lowther Memorial Award. Her riveting book, 'Required Reading: A witness in words and drawings to the Reena Virk Trials 1998-2000', was ultimately given top recognition as an "undismissable" account, one that we felt "pierced and anchored readers to their own positionality." 'The Shape of a Girl' has had the same lingering effect wherever it has been performed. Kathryn hopes her audience "will leave the theatre thinking, reflecting on their own experiences...questioning the why and how; understanding that the first step is breaking the code of silence."



Kathryn has longed to portray 'The Shape of a Girl' for some time but the rights to the play only recently became available to amateur theatre companies. "It's been percolating for quite awhile," she says. Kathryn "purchased the script six years ago" and remembers reading it "on her parents lawn" in Morrisburg Ontario, a village between Brockville and Cornwall where she grew up. Last year in Winchester, not far from her hometown, "a fourteen year old girl committed suicide due to bullying." Such incidents are not as isolated as most of us might imagine. There is a new "catchphrase, another layer," to suicide Kathryn says, called "bullycide."

Kathryn Boyd is no stranger to the questions the play raises. Boyd, who works at Point in Time where she is a family counselor, studied Drama Theatre at the Uof T and received her Masters in Drama Therapy at Concordia University in Montreal. She is involved with young people in the community and in the schools.

Shape of a Girl cont'd... pg. 41...



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Shape of a Girl - Cont'd...

...from pg. 40

"Girls issues are important to me," she says. At the request of the Archie Stouffer school in Minden, Kathryn brought her expertise as drama therapist facilitator and addressed the problem of bullying. "Girl Power" looked at what it means to create "positive female friendship."

"Targeting specific grades," she and a colleague spent eight to twelve weeks empowering a girl's group through "discussions, role playing, videos and activity sheets" employing "a whole range of tools...to explore the issue of bullying."

At the time of this writing, Kathryn was still in North Bay rehearsing with the show's Director, and her partner, Rod Carley who has over 85 stage productions to his credit. Rod is the Coordinator for Canadore College's new Acting Program. Both he and Kathryn participate in the local Highlands Summer Festival. Kathryn has lived in Haliburton for four years and is certainly no stranger to the local theatre scene. Last summer she starred as Annie Sullivan in "The Miracle Worker." She played Vera, the Suffragette in Michael Fay's "Never Such Innocence Again and Kate in David Archibald's musical, The Perilous Pirate's Daughter. Boyd discovered the stage in grade two. Her "first taste of professional theatre was at fourteen" with the Upper Canada Playhouse in the Hunchback of Notre Dame.

Although 'The Shape of a Girl' is a one-woman play, it is not a one person story and Boyd accomplishes the multi-character task through "a series of flashbacks...re-living and becoming other people." Boyd has also taken on the role of producer with this play which means she is "responsible for every detail" from finding the venue, "negotiating the theatre rental, promoting and selling tickets..." — a huge undertaking but that's how much she believes in the importance of this play. She feels it is through "witnessing storytelling we can identify and judge."

There will be two school matinees for grade sevens and eights and one high school matinee (which will "focus on grade nine girls") and of course, two public performances on Saturday May 12th at 2pm and 8 pm at the Northern Lights Performing Arts Pavilion.

Tickets are \$15 for adults and \$10 for students and seniors. Tickets can be purchased in advance at 'Baubles 'n' Bon Bons' in Haliburton and The Storeroom in Minden, or at the door.

The playwright says The Shape of a Girl "is for teenagers, hundred-year-old-women and everybody caught in between." That means everyone. Don't miss it.



Rod Carley

Worldly News Bizarre News From Around the Globe

THANKS FOR LETTING US KNOW: Vernon Blake, an engineer at the Alabama Department of Transportation, was upset that it was an office joke that his boss spent most of his workday playing computer games. Since he was the department's network administrator, Blake installed "spyware" software on his boss's computer to get evidence; 70 percent of the 414 resulting screen shots taken over a seven-month period showed Solitaire on the boss's screen. Blake sent the evidence to managers. The result: his boss, assistant bureau chief George Dobbs, received a letter from his boss complimenting his "work ethic above reproach" but gently pointing out his game-playing was unacceptable. For his efforts, Blake was fired, ending his 21-year career. His offense? Installing software on department computers "without authority or permission."

Statistics Did you know...

All the landmass of the earth, plus some, could fit into the Pacific Ocean

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Scientifically Speaking

What When Where Why How

Why do rabbit tracks look as if they're going backwards? Next time you see a rabbit running quickly, watch it carefully. First it puts its small front feet down, usually one in front of the other or sometimes side by side. Rabbit's front legs are great for helping it to keep balanced or change direction. But they're too short to keep up with its long back legs. So when a rabbit runs fast, its back legs overtake its front ones and its big hind paws thump the ground in front of them.

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Immunization: A Word With Meaning Importance of Immunization Underscored by Statistics Showing Fewer Cases of Disease



From nearly half a million cases of vaccine-preventable diseases in Canada per year to fewer than four thousand cases, the public health benefits of immunization are obvious.

Now, staff with the Haliburton, Kawartha, Pine Ridge District Health Unit would like to remind area residents that regular and routine immunization protects against disease, disability and death.

Immunization also means fewer visits to a doctor's office, medical walk-in clinic or hospital.

"Immunization has been proven to save lives," says Diane Dingman, Director of Communicable Disease Control with the HKPR District Health Unit.

According to the Canadian Coalition for Immunization Awareness and Promotion, vaccine-preventable diseases such as diphtheria, hepatitis B, measles, mumps, whooping cough, polio and rubella were a major problem in Canada before routine immunization. In the peak year before widespread immunization, there were nearly 480,000 cases of vaccine-preventable diseases in Canada. In 2004 with immunization programs in place coast-to-coast, there were only 3,658 cases of vaccine-preventable diseases across the country. According to the Health Unit, local statistics are a reflection of these national numbers.

In Ontario, routine immunization begins at two months of age and is designed to protect infants from serious illnesses and other health problems. The list of recommended, publicly-funded vaccines is available from local physicians, the Health Unit or on-line at the Ontario Ministry of Health and Long-Term Care web site (www.health.gov.on.ca).

"Vaccines are safe and effective," Dingman says. "As the numbers show, we all benefit when we are well-informed and well-vaccinated."

The Health Unit encourages parents and caregivers to ensure children get the recommended doses of vaccines and keep an accurate, up-to-date record of immunization. For more on immunization, local residents can call their local Health Unit office or visit www.hkpr.on.ca.

The ABC's of Fraud Wednesday May 30th - 1-4 p.m. - Wigamog Inn

Identity Theft and Consumer Fraud is a topic that must be discussed – after all – it's something that could happen to anyone and in fact, fraud is a growing crime in Canada. And it is the number one crime against vulnerable adults, including seniors with older women in particular being the prime targets.

Any fraud can have a major impact on , wellbeing and independence. So to learn more about his subject and how to better protect yourself, Community Care is presenting a seminar on Identity Theft and Consumer Fraud. This presentation will include skits, role playing and knowledge quizzes.

Everyone is welcome to attend this Free Seminar – don't miss out. Fraud - Learn to Recognize It, Report It and Stop It!! For more information or to register for this free seminar contact 457-2941.

Are you feeling down in the dumps? Low energy? Not sleeping well? Notice that your mood isn't all that positive? Everyone has times when they feel low mentally and emotionally. While the benefits of regular physical activity for physical health are becoming more widely known, fewer people may be aware that regular physical activity is equally beneficial to your mental health.

Beating The BLAHs *with physical activity*

The World Health Organization defines health as "a state of complete physical, mental and social well-being and not just the absence of disease." The good news is that it is possible to improve your mental health with physical activity. Even though it's called physical activity, it is good for your body and your mind.

Regular physical activity can: Reduce symptoms of anxiety, depression and panic disorder; Ease tension and stress; Improve mood and give a sense of positive well-being; Enhance self-esteem by providing a sense of control over health and body image; Act as a distraction from the climate (e.g. in the winter); Provide opportunities for pleasant social interaction.

These are changes that can happen right after a session, not just through exercising regularly over a long period of time, particularly if the activity is moderately intensive.

The benefits touch every aspect of our lives, including:

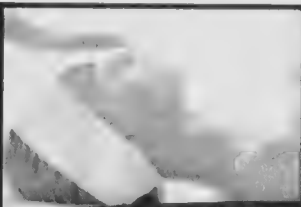
Communication - expressing ourselves through movement and action; using a socially acceptable outlet for anger and aggression; **Enhanced self-confidence and motivation** - through setting and reaching goals; **Better sense of control** - taking action to improve our mood and health; **Body image** - feeling stronger, more agile; **Socializing** - developing support and friendships with fellow exercisers, in our own community

You may have heard of the "runner's high". Thankfully, you don't have to run a marathon to feel that rush of euphoria and the melting away of tension. Canada's Physical Activity Guide

recommends that adults get 30 - 60 minutes of moderate effort physical activity each day. Moderate effort means that you are exerting yourself enough to break a sweat, but you can still carry on a conversation.

The natural "high" is produced by endorphins, a chemical produced in the body. Endorphins relieve pain; they are also believed to enhance the immune system, reduce stress and delay the aging process. Think of endorphins as a warm, protective cloak for your overall well-being. Although it might seem

Tips ... see pg. 44...



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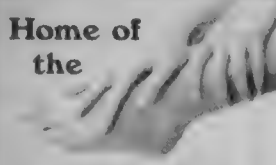


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Quick Tips To Lower That Stress Level



Leave Stress at the Door

When you've had a rough day at the office, the last thing you or your family needs is for you to bring it all home with you. Instead, try some of the following activities to help burn off stress chemicals that have accumulated in your body all day at work, play catch or some other active game with your kids, throw a ball or a frisbee for your dog, or just take your pet for a walk, or weed, rake, garden, mow, or do some other outdoor chores.

Tips on Beating The Blahs With Physical Activity...

... from pg. 43

counter-intuitive, by getting up and getting active, you'll have more energy.

The key is to make physical activity a habit. Whether it's running on a treadmill or walking around the block, it's the regularity of activity that makes the difference. We tend to separate the mind from the body, but each affects the other. So, whether your mind gets your body moving or the other way around, remember that both are getting the benefits of physical activity!

Often the hardest part is just getting started, but if you create a plan, set a realistic goal and steps towards achieving it, you'll be on the right path to getting and staying active.

Here are a few tips: If you're already active, try to maintain or increase your level of physical activity; Choose activities that you enjoy and try to do them more often; Start slowly, in 10 minute blocks, and build from there; Keep a log or diary to record your achievements and reward your accomplishments; Build activity into your lifestyle: e.g. take the stairs or park the car a little further from your destination.

When you make physical activity part of your day, you will have more energy, sleep better, feel calmer and therefore cope better with the stresses and demands of your life. Taking control of your physical health can also give you a feeling of accomplishment and a sense of confidence. Physical activity...good for the body and the mind!

For more information on physical activity, contact the Health Unit, 1-866-888-4577

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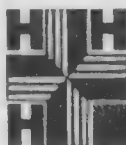
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Early Psychosis Intervention in Haliburton County

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mation are two of the main reasons why people either do not seek help or are afraid to consider psychosis early on. The media has portrayed those struggling with psychosis as "crazy" or even worse dangerous," Hendriks notes.

While the process of identifying psychosis is an intricate process at best, intervening can be just as complicated. Even if treatment occurs after a first episode, the presence of EPI provides the infrastructure to support the individual in the aftermath. The intervention process is very delicate and requires the utmost empathy. The EPI program treatment involves individual and family counselling and education, psychiatric monitoring, connections with community supports and training programs as well as the ability to connect with others experiencing psychosis. The goal is to help reconnect the individual as quickly as possible to their families, friends, work and school while providing the skills necessary to cope with psychotic illness.

Families play an important role in the recovery of a person with psychotic illness. The EPI program works with the entire family as a way to support a young person struggling with psychosis. "Studies have shown that family involvement in treatment is instrumental in assisting with recovery," says Hendriks. "Families are often confused and frustrated by the changes occurring in their loved one. EPI provides support and education to families to help them assist in the recovery process"

There are geographic challenges to implementing EPI in a region the size of Haliburton County, especially since the program is based on intervention programs centred in urban areas. Hendriks often meets his clients in their home in order to get around numerous transportation issues in the county. Transportation and the ability to secure psychiatric services are just some of the problems facing the full implementation of the EPI program. "We have been very lucky in recently securing a psychiatrist to consult on cases every month" says Hendriks "Haliburton, like many rural areas, does not have as many services as are available in urban centres."

"It is my goal to reassure the person, to reconnect them to their work, family and friends, rather than to frighten them with labels – to try make them understand what is going on and to provide some hope for a positive future"



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Two Inspiring Speakers for Mental Health Week:

Tom Regehr and John L'Allier

Tom is a university educated former business owner who found himself on the streets dealing with addiction, mental health and emotional trauma issues. He is the founder of C.A.S.T. Canada, a mutual aid empowerment group offering support, education and advocacy. Tom brings the wisdom and insight of the consumer to the helping professional and the general public.

As a rebellious teenager John progressed from cannabis to cocaine, and altercations with the law while growing into a "biker" lifestyle. Come and find out how he was inspired to turn his downward spiral around, and how a key part of his life today includes supporting youth at risk of following a similar path of destruction.

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Psychosis

is one of those illnesses that hangs on in the brain and does not make itself known until it has reached an advanced stage of development. For some it comes gradually over years and others the onset can happen over days. Psychosis related illnesses affect 3% of the population and affects males and females equally.

There is hope, particularly for those who can uncover the illness in its early stages. The Early Psychosis Intervention (EPI) program, a program of the Haliburton Highlands Mental Health Service is designed to offer early identification and treatment of psychotic illness.

Recent studies and research have shown that early identification and intervention with young people, before their first psychotic breakdown, leads to positive outcomes for the future.

The EPI model was pioneered in Australia and has since been exported to Canada with considerable success. Researchers believe that early intervention can halt the development of psychosis over the long term and can provide hope for a near complete recovery.

"Psychosis" can include anything from schizophrenia (marked by significant decline in a person's functioning) to bipolar illness (when a person's mood fluctuates between extreme highs and lows) and post traumatic stress disorder. "Generally, psychosis involves a shift in or a loss of contact with reality. It is really a disruption in the way the brain processes information and therefore the way a person views the world and their place in it" says Steve Hendriks, counsellor case manager and designated lead for the Haliburton EPI program.

The first symptoms normally occur in adolescence or in young adulthood. The goal of the EPI program is to identify these symptoms before a serious psychotic breakdown. Psychosis is a medical condition that affects the brain. With prompt attention and treatment people can recover. "The major problem is that when psychosis becomes blatantly obvious, your only alternative left is hospitalization. Many people go for years without being properly diagnosed because the signs and symptoms can be very subtle and mistaken for other illnesses" says Hendriks.

There are often numerous signs and symptoms. Often the early signs of psychotic illness look exactly like other illnesses. Changes in eating patterns, loss of motivation, unexplained mood changes, and shyness, feeling socially isolated or picked on, refusing to speak, feeling special or different, Social withdrawal, anxiety, suspiciousness, trouble concentrating, drastic changes in energy levels can be difficult to identify. "Thinking about psychosis as an option is often the last resort for families and physicians. In fact, it would be more helpful if psychosis was ruled out first rather than allowing such an illness to go on for a long period of time before effective treatment" says Hendriks

Persons with psychosis speak to, on average, five different professionals before psychosis is identified. A delay in getting help is related to slower recovery and a less complete recovery. "Stigma and lack of infor-

Next Minden Community Forum May 16th

Don't forget! If you have a message that you would like to share there is a place to do it in Minden. It's the Minden Community Forums and the next one takes place on May 16th at the Minden United Church (21 Newcastle St). The forums are designed to be informative nights for the public and are non political and hopefully "good news" evenings.

Come on out May 16th at 7:30 pm and hear "Riverwalk"; a presentation by Roy Haig and the "Communities in Action" presentation by Kate Hall. You can learn a lot about what's going on in your community at these evenings. If you would like to put on a presentation or learn more call Don Ballantyne at 286-1305.

Ontario Early Years Events for May

Move & Groove Stroller fun for Parents and Children
Haliburton OEYC – May 1st to June 12th 10:30 to 11:30 am

Join other parents to... Kick-off your spring walking plan; Gain tips & ideas to stay motivated for success; Show your child the importance of physical activity; Come with a friend or connect and make new friends.; Healthy Snacks and weekly prizes! This program is provided in partnership of Ontario Early Years and HKPR District Health Unit. Call 457-2989 to register or for more details.

Play and Learn in Wilberforce with the Ontario Early Years Mobile Outreach. Drop-in and see us every other Thursday at the Lloyd Watson Centre from 9:30 am to 12:00 pm. Parents and children 0 – 6 years will enjoy activities, crafts, and active circle times; toy and book lending; ideas to help keep kids healthy and safe; nutritional snacks; and guest speakers. Join us on May 3, 17, 31 and June 14. . Call Ontario Early Years Haliburton for more information 457-2989.

Haliburton OEYC Kindergarten Visit Day on May 24th
We will learn about School Bus Safety, at 10:15am then take a bus trip to Stuart Baker for a classroom visit from 11am to 12pm. Please Sign Up in Advance. There will be a pizza lunch back at the centre on the bus return. Please ask about childcare for siblings.

Books Bears & Blankets at the Minden Ontario Early Years Centre, Tuesdays May 22, 29 and June 5 from 5 – 7 pm.
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(We're busy uploading articles that have appeared in the paper over the past 6 years. That's right - we've kept them all - our computers have hard drives the size of a mac-truck in them. So we will be spending the next few months uploading ALL our spotlight on businesses, restaurant features, new business features, features on people, the arts - just about all the features we've done and will be doing in the future!! This will make a fantastic reference tool for everyone!!

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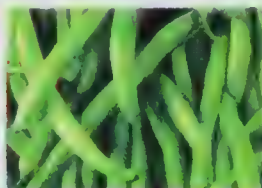
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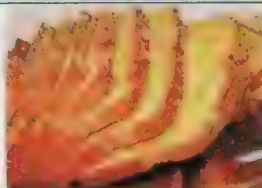
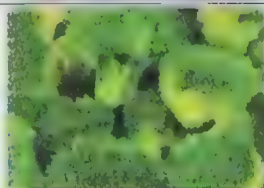
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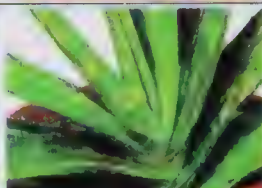
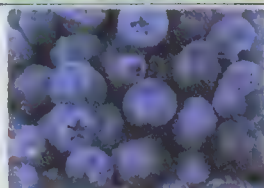
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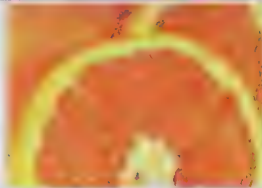
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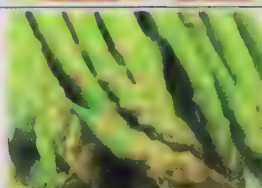
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Granite Ridge Custom Bows



By George Farrell

A Bowyer is a person who makes bows, and once upon a time that profession was much respected, to such an extent that Bowyer became a surname, much like Smith or Carpenter. Anyone with Bowyer as a last name can be fairly certain that somewhere in the recesses of their family history a relative actually made bows. Of course all modern-day bow makers are not so named, and it came as a surprise to

things like kitchen exhaust systems for restaurants, and aluminum boxes for ATV's. Ted is also a carpenter, and when he's not busy with his own clients, he sub-contracts his services. As he says "up here you've got to have quite a few things going to survive." Well, we all know how true that is-it helps to be multi talented. That Ted is multi talented is fairly obvious when you go into his

workshop because in addition to his woodworking and bow making equipment, he has a guitar and banjo propped up against one wall, with a couple of old Traynor amps looking on. "Oh, music is something that I do for fun," says Ted. "Occasionally a couple of friends drop by and we play some. I play a bit of guitar." But it's bows, and more specifically bow making that we were there to talk about, and it's obvious that Ted has a real love of fine wood, and being able to bend it to his desired specifications.

"It's a self-taught profession," Ted commences. "I get information from the library, and archery magazines, and you can write to companies and they will sell

you kits to make your own bows. It helps if a luthier (guitar maker) knows something about playing a guitar prior to making an instrument. So too a bowyer needs to know something about archery in order to make a superior bow. "I've been doing archery since I was a teenager," Ted explains. "And I've hunted all my life-it started with my dad. When we were living in Orangeville I got into a gun club and I was interested in the old muzzle loaders-the black powder rifles. Archery itself started through an older friend who lived in my area. As teenagers we would go out hunting rabbits around Port Credit. We didn't hit much, but Terry, my friend, got one once."

"When we moved up into this area I started making bows as a hobby, because it was cheaper to make them than it was to buy a good one, or to have one custom made for me," Ted says. "There's lots of exotic woods used to make a bow, like coca bola, purple heart, and yew. Some of these woods are used for their looks, but we also use other woods like bamboo, maple, and ash. The wooden bow is eventually enclosed in a unidirectional fibreglass, and sometimes we also use a unidirectional carbon as well."

Ted goes through some of the bow-making steps, but is quick to mention that there's so much to know, that what he is telling me is basically point-form. "Well first we lay up and glue the handle section together and cut out the basic shape. Then we have to prepare the woods for the arms of the bow and the laminates, and glue everything together with special epoxy. We then install the unformed wood into a bow mold which bends the wood, and gives



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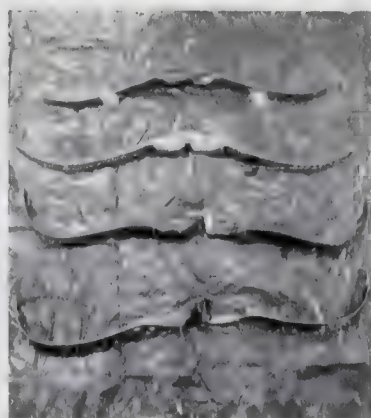
Custom Bows Cont'd...

... from pg. 50

the bow it's shape. There's a pressure tube which forces the laminates (layers of wood) together with 80 lbs of pressure. Then the assembly is put in a heat box @ 180 degrees Fahrenheit for 6 hrs. It cures the epoxy which holds the laminates together in the shape of the mold. At this point the bow is just what we call a bow blank. It now needs a final tapering, which we call tilloring, and involves a lot of sanding. Bringing a bow to the required proper tension, (for example a 50 pound pull, or draw weight) is determined by how much excess material we take off the blank while tilloring. Part of the tilloring process is balancing the top limb of the bow with the bottom limb-it's a delicate procedure and one that ultimately determines whether it's a good or bad bow," Ted explains. "If a person can come to me," he continues, "the riser (handle) is custom-fitted to the customers hand."

"The average pull is 55 lbs and most customers know in advance what strength pull/draw weight they need. The Ministry of Natural Resources sets the minimum basic draw weight for various game animals. For deer it's 40 lb, and moose it's 50lb. Bear can be either. If it's a novice who wants a bow made, the first thing you have to determine is the draw length, which is determined by how far a person pulls back an arrow on a light bow. A shorter draw length usually equals a shorter bow and vice versa," Ted says. There are some other determining factors, but you get the idea. For non-hunting people, a bow can be made to a lighter pull weight that is more comfortable to use for target shooting. The average bow length is 58-60 inches, or approximately 145-150 cm. "We determine whether the person is left or right handed which dictates where we put the arrow shelf-on the left or right hand side of the riser." So you can see there's a lot to know about bow making.

Although he has sold over 200 bows, Ted has narrowed down



the bows that he now sells to just two models. "There's the real McCoy- it's what's called a reflex deflex bow. It's a bow with 2 curves per arm, as opposed to a straight bow. My other bow is called a Raven, and this is a re-curved bow, which means it has a more sharp recurve at each tip. The Real McCoy is usually shorter and can be used in a tree stand, while the Raven is an all-purpose bow.(see the accompanying pictures for comparison). I've sent bows to New Zealand, Australia, Germany, England, the U.S. and to many places in Canada," Ted says proudly. "People like my bows because they are smooth to pull, they have a faster arrow speed off the bow, and because of the aesthetics of the finish." Ted's bows are indeed beautiful objects, and to this eye at least, very feminine, with their long, elegant curves.

It's a shame really that at the present time there appears to be no archery club in the Highlands.

"There's about 60 archery clubs in Ontario, Ted adds, "and during the warmer months they have some 3D shoots, which are field course tournaments. They're hunting courses, set up through the bush, where animal targets are set up at various locations. You have to stop and shoot at the target. You are scored on your accuracy. There's a big shoot coming up in Barrie at Wolf's Den, an archery store and club, August 4, 5, and 6. There will be over 500 archers there." Ted of course, will be among them, as it's an excellent place to display his wares. "A bowyer is a skilled trade," he says, "and if you did your marketing right a person could make a living out of it." At this point it's more of a hobby for Ted Robinson, but he will take orders. "When I fully retire," he says, "this is what I want to do."

It will cost you about \$600 to purchase a custom made bow from Granite Ridge Custom Bows, but when you realize that over 30 total hrs of labour goes into each bow, and that Ted's materials cost him about \$115 dollars, they are a bargain at twice the price. "If I didn't like doing it I wouldn't be doing it for the money," he says laughing.

You can reach Ted Robinson at Granite Ridge Custom Bows, 4291 Deep Bay Rd in Minden, or call (705) 286-3873



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People in our Community

Profiles on People in Haliburton County

"I've been writing professionally since 1970, when I started doing text books. Since then I have written about 50. ..."

Michael Barnes

Michael Barnes, C.M. : An Author of Books for Adults and Children

By George Farrell

When writing articles about people and their accomplishments for this publication, I usually have a fair idea of an angle or opening hook with which to persuade the reader into continuing. But for the life of me I could think of no appropriate opening for a story on Michael Barnes, perhaps because of a surfeit of information-Michael having accomplished so much. After several false starts, I finally decided the best way was to open with a quick rundown of Michael's background.

He was born in 1934 in London, U.K. and educated there up to grammar school and then teachers college. He immigrated to Canada from Richmond, England in 1956. He obtained his B.A. at Western in and continued his education at U. of T. Michael has had a 61 year career as a teacher, 35 years of which were spent as a public school principal. He

retired from teaching in 1989. He's married to Joan (nee Wyatt), also a former teacher, whom he met in Sudbury, and married in 1959.

Michael has received awards too numerous to mention here, except for one, to be found well down his list of honors. That award is the most prestigious of all. It's The Order of Canada. Michael doesn't like to make a fuss about this great honour, but I could tell he's justifiably proud of it, and that's where we started the interview.

"It's the premier decoration in Canada, to recognize accomplishments in a certain field, and I have it for a body of work in Ontario, and police work relating to books I have written on the Ontario Provincial Police-six books in total," Michael begins, in an easy conversational manner.

"I received the award from Romeo LeBlanc. We lived in Northern Ontario for most of our lives," he continues. "We lived in Wawa, Cochrane, Moose Factory, and Sudbury. Most of that time I was a school principal and I retired as principal of a French immersion school in Kirkland Lake. We came south in 1999 to be closer to our children. Alison our daughter, lives in Bobcaygeon, and Wesley lives in Niagara Falls. Haliburton is much like Northern Ontario to look at, and there's still a village charm here," he says.

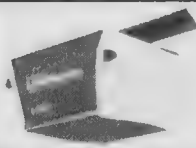
"I've been writing professionally since 1970, when I started doing text books. Since then I have written about 50. When we came to the Highlands there were no current books on the area and I decided that tourists needed a book, and the residents could also use it as a gift." So Michael Barnes wrote his first featuring our county. "It's called *The Essential Haliburton*," Michael explains, "and it talks about the history of the area, things to see and do, interesting businesses, and places to stay. There are very few copies left in local book shops now. About 3000 were sold. After that I became involved with Peter Schleifenbaum at the Haliburton Forest, and the result was *Wolves and Haliburton Forest*. It's about wolves in general and about the wolf pack in the Forest in particular. It's still selling in local book stores and at the Forest. That led to another project that I did with Peter and David Bishop. They both have extensive local historic post card collections. They gave me access to those cards and I decided to make a book out of them called *Haliburton-Memories of Past Years*. I organized the cards in themes like Resorts, Railway, Recreation and Beauty Spots."

"I've published with about 8 publishers over the last 30 years," says Michael. *The Essential Haliburton* was published by the General Store out of Renfrew Ontario. The other Haliburton books were published through the Haliburton Forest who have their own publishing arm."

We move on seamlessly to more recent works. "I've recently finished a book called *The Scholarly Prospector*, Michael states. "It was commissioned by the family of Don MacKinnon, one of Canada's most famous prospectors, and the co-discoverer in 1981 of the great gold deposits at Hemlo, near Marathon, on Lake Superior. As a result of that discovery thousands of jobs were created in 3 mines, and billions of dollars were invested into the Canadian economy. I had written books on mining before, where Don had appeared briefly. Don was a school-mate of the late great hockey player Tim Horton. They both grew up in Cochrane Ontario. MacKinnon is now in his late 70's but he's still prospecting, in spite of being very wealthy. Most of my books are very based in fact, and end up as university reference books. This one will too," Michael continues. "It came out in mid February this year, and has been very well received. There have been reviews in several newspapers

Michael Barnes cont'd... pg. 53...

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Michael Barnes:

"The book I'm working on now is called *More Than Free Gold*. It's about mineral exploration in Canada since WW2..."

and I was interviewed by CBC radio."

To do a book such as *The Scholarly Prospector* Michael does a lot of what he calls secondary research, where he uses the internet and libraries for background material. "We have excellent library services in Haliburton," says Michael. "Peggy at the Dysart branch does an excellent job of helping me find research material." Michael's research, including interviews, and writing the *The Scholarly Prospector* took about 18 months in total. "But, because I have done so much on the north I can do it a lot quicker than most people could, he says."

"The book I'm working on now is called *More Than Free Gold*. It's about mineral exploration in Canada since WW2. It's been commissioned by the Prospectors and Developers Associations of Canada (PDAC), which is the biggest mining group in the world. Canada is the world centre for mine financing, and most of the companies have head offices or subsidiaries either in Toronto or Vancouver-companies like Barrick, Inco and Falconbridge. This book is divided up into the Geo Sciences and the first section addresses how they've developed the science of finding minerals since WW2. The next portion is on financing. Mines today cost hundreds of millions of dollars to build and put into production. The rest of the book is about the discoveries that have been made in the last 60 years, and the properties that will come on-stream in the next few years."

More Than Free Gold concludes that we "need to find new mineral reserves. Canada is not finding new reserves fast enough," to stay competitive. "Canada is one of the richest countries in the world as far as mineral deposits go," Michael says. "Every province in Canada except PEI has either metals, diamonds or uranium. This book is being produced for the charitable arm of PDAC, which teaches children and others about mining in Canada." *More Than Free Gold* will be out in February '08, and will be published by The General Store publishing house. "It will go international," explains Michael, "Canada, the U.S. and quite likely abroad. Local bookshops are already carrying *The Scholarly Prospector*, and they will have the new one when it comes out. The libraries also have quite a few of my books"

One of the bonuses of interviewing people is that you find out so much that you never knew before, and Michael Barnes had not disappointed in that regard. He put mining succinctly in a local perspective. "Haliburton is situated on the bottom of the Canadian Shield, and local mines have never been economically viable because they were too small. However the Tory Hill area has lots of semi precious stones and is a haven for rock

collectors," he says, "though the minerals are not found in sufficient quantity to make it profitable for mining. The most profitable mines to be found in the area were in Bancroft. They discovered uranium deposits there, and they were mined from the early 1950's until the late 70's," when the commercial deposits ran out.

I commented on the scholarly nature of his books, and Michael was quick to point out, "my books, even though they're researched by scholarly means are written to be read by the average person." Not that Michael needed to prove that some of his works were far from scholarly, we nevertheless ventured into the realm of childrens literature, and his contributions to the genre. "I've done some fiction for children and I had a short story published in an anthology just before Christmas," he points out. "It's called *Whirlybird Applesauce*, part of the anthology called *I Sold My Gold Tooth for Gas Money*. It's about what happens when you put a basket of apples in a helicopter when it's in motion. What do you think happens?" asks Michael. As I contemplate the sticky results of such a scenario, Michael gleefully continues. "It's like ping pong balls in a lottery bin or a bingo game-they go helter-skelter all over the place," he laughs.

Like many people with a serious side to their life's work Michael Barnes likes a laugh. In conclusion to our time together he recounts this ditty: Famous Canadian author Pierre Berton on being told jokingly by a friend that Michael Barnes is considered by some to be the poor man's Pierre Berton responds with "That's fine, as long as he stays that way." Michael laughs; and I reflect that here is a member of the Order of Canada laughing at Berton's gentle riposte. There's something reassuring about it, and it's somehow also very Haliburton County.

You can get in touch with Michael Barnes via email: michaelbarnes53@hotmail.com

Pictured is Michael Barnes with his latest published book



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Ken Hamm - Rail's End Gallery in Haliburton Sunday, May 20th

"...Ken Hamm is one of the brightest lights of Canadian roots music. Just listen to his cover of John Fahey's "Last Steam Engine Train" instrumental and wonder how so much wonderful noise can come out of six skinny little strings."

- John P. McLaughlin, 'The Province'

The Haliburton County Folk Society is proud to present Mr. Hamm at the Rail's End Gallery in Haliburton on Sunday, May 20th at 8:00pm. In addition, he will be offering a 3 hour workshop in the morning of the 20th for a limited number of participants.

About Ken

Ken Hamm is one of Canada's foremost interpreters of traditional roots and blues music. Hamm has been awarded a Juno for Best Roots & Traditional CD and has been nominated for Recording of the Year and nominated several times for Best Acoustic Act of the Year by the Toronto Blues Society. Hamm was also nominated three years running as Best Acoustic Blues Guitarist by North America's "GuitarPlayer" magazine.

But beyond the awards and well-earned praise he has garnered, the most impressive thing about Hamm's music is how he is able to make the music he plays his own. When you see Ken Hamm in concert, it is obvious that he has absorbed, arranged and restated traditional blues and roots music, and made it current and original. His ability to accompany himself with driving and intricate slide and acoustic guitar completes the mix.

In addition, Hamm has become well known as a guitar instructor of fingerpicking and slide guitar styles, and is currently working on a book and instructional video. Hamm is presently touring to promote his 2003 release, 'FingerLicks', an all-instrumental collection of tunes featuring new as well as previously recorded material.

Hamm is constantly on tour in Canada, England, Scotland and Europe, playing festivals and concerts and presenting guitar workshops.

The event is taking place at the Rail's End Gallery and Art Centre in Haliburton on Sunday, May 20, 8:00pm. Tickets are \$15 - \$12 for Members and Students and they are available at - Haliburton, York St Internet Café, 28 York St, Haliburton, (across from the Rails End Gallery) -705-457-8902; or Minden at Golden Stationers, 108 Main St., (Bobcaygeon Road) - 705-286-2110.

Information on both events (the concert and the 3 hour workshop) is available at 457-8902 or www.haliburtonfolk.com

Empty Bowls – Fundraiser for the FOOD BANKS in Haliburton

The next "Empty Bowls" fundraiser is coming to the Haliburton Legion on May 17th at 6:00 pm. Empty Bowls is a creative fundraising initiative that has spread the world over, uniting communities, potters, artists, students, educators, volunteers, and patrons to raise funds for hunger relief and awareness. Haliburton held its first Empty Bowls Project in the fall of 2005, raising over \$5500.00 for the 4 C's food bank. Building on the success of 2005, and understanding the need for relief in this community, Empty Bowls will expand its reach to raise funds for our region's 4 food banks. This includes the Cardiff Community Food Bank, Wilberforce Word of Life Clothing and Emergency Food Outreach, Minden Food Bank and Haliburton's 4 C's Food Bank.

So - what are they serving up in these bowls? Melissa Stephens' grade 10 and 11 Hospitality and Tourism classes will be planning, preparing and filling your one-of-a-kind, handcrafted bowls with a selection of tasty soups & stews, accompanied by home-made breads and topped off with sweets. The bowl is meant to be a symbolic reminder that there are always Empty Bowls in the world, and also a reminder of your contribution to the cause.

Mark your calendars and help raise funds for our food banks. Empty Bowls will be held Thursday May 17th at the Haliburton Legion. Doors open at 6:00pm and dinner will begin around 6:30pm.

Tickets are \$50.00, and are available at the following outlets: In Haliburton at The York Street Internet Cafe, Rail's End Gallery, and in Minden at the Storeroom Natural Foods and Agnes Jameson Gallery.

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Crime Flashback

by Max Haines

Heavy
weight of
evidence
hangs ladies'
man for
grisly death
of his third
wife

Fred in return for Laura's freedom. Three years later, after a whirlwind courtship of only 10 days, Florence Curry, a sprightly 32, became the third Mrs. Small.

At age 44, Fred and Florence moved to a cottage on a lake in Mountainview, N.H. Fred could tinker in his workshop to his heart's content and still manage his portfolio of stocks and bonds by catching the train to Boston. It was the best of all worlds. The setting for his idyllic lifestyle on the shores of Lake Ossipee was one of rustic beauty. Other cottages, as well as the Smalls', faced the lake, but only Fred and the missus lived year round in their Shangri La.

In 1914, Fred insured the picturesque cottage for \$3,000. He also insured both his life and Florence's life for \$20,000. Naturally, he was beneficiary should anything untoward happen to Florence. She would collect in the event of his death.

Edwin Connor had sold Fred all his insurance policies. Edwin, a teacher by profession, but an insurance salesman at heart, was Fred's best friend. In fact, the two men had planned on taking the train into Boston in October, when Fred promised to procure some lucrative insurance business for Edwin.

On Sept. 28, the Smalls were the only inhabitants of the lakefront. All the other cottagers had closed up for the season. Around 8 a.m., Fred called Edwin on the phone and told him this was the day they planned on taking that trip to Boston. "Wait just a minute," cried Edwin. There was a lack of communication here. The trip was planned for October. Mistake or no, Fred told his friend that he was leaving on the 4:07 train. He mentioned that school would be out and that Edwin

Fred Small brought a veritable bevy of assorted ladies to the altar.

Let's see now, there was Nettie Davis, who died in childbirth only a year after tying the knot with Fred. Our boy then married Laura Patterson. Laura didn't take kindly to Fred's temper. She preferred the abundant charms and money of Arthur Soden, president of the Boston Braves, now the Atlanta Braves. Laura and Arthur became an item.

Embarrassed and hurt, Fred sued for half a million dollars. The damages were slashed to \$10,000, which Arthur gave to

Darn water in cellar
of burning cottage
the main clue
in Florence's
demise

Where
had
Fred gone so
wrong?

should be able to make it. Edwin replied that he would phone back around 1 p.m. if he could arrange to leave on such short notice.

That same morning, Fred had called in a grocery order, which was delivered by Charlie Sceggel with his horse and wagon. Along with the groceries were five gallons of kerosene. Charlie chatted for a moment with when he delivered the groceries at 11 a.m.

Edwin called Fred at 1 p.m., but still couldn't see his way clear to make the trip. If he could possibly get away, he would meet Fred at the station.

At 2 p.m. Fred called Mr. Kennett at the Mountainview Hotel to pick him up with his horse and buggy in time to catch the 4:07. Kennett arrived an hour early and was a bit surprised to see Fred waiting for him on the verandah.

He helped Fred toss the luggage onto the buggy. At the last minute, Fred opened the rear door of the cottage, stuck his head inside and shouted, "Goodbye." Mr. Kennett was later to say that he didn't hear any reply to Fred's farewell, but he was on the buggy some distance away.

In the village, Fred spotted Edwin and managed to persuade him to take the trip to Boston. Edwin ran home, changed, packed his bags and was at the station in time to

catch the 4:07 to Boston.

Boys will be boys, especially in Beantown. Fred and Edwin had a little fun. They checked into Young's Hotel, had a good meal, accompanied by several shots of rye, and took in a play. On the way to the play,

they purchased postcards. Fred's card to Florence read, "Fair weather at Young's." It was signed Fred and dated Sept. 28, 1916, 8:40 p.m.

Now, folks, if you are paying attention, and I

have every reason to believe that you are, you might notice that Fred now has a witness who heard him saying goodbye to his wife and another witness who could swear that they were together in Boston at 8:40 p.m. He would even have a postcard, duly stamped by the U.S. government, proving that he was in Boston.

When Edwin and Fred returned to Young's, Fred was informed that Mountainview had been attempting to reach him all night. Fred got on the line and was told that his house had burned down. Worse still, there was no trace of his wife. Fred broke down completely. He wailed, "I'm all alone in the world." He cried. Edwin comforted his

Haines cont'd... pg. 57...

Max Haines Cont'd.... From pg. 56

friend and took over. He hired a motor car and packed his friend's bag. By 1 a.m. they were speeding on their way to Mountainview.

Fortunately, Fred had had the foresight to buy a bottle of rye upon arrival in Boston. The jug came in handy. As the two men sped through the night, Fred theorized between sobs that his wife must have fallen asleep in front of the fireplace.

Despite his concern for Florence, Fred stopped at the Mountainview Hotel for breakfast before inspecting the smoldering ruins of his house. When he did go to the lakeshore, he didn't stay long. He was more concerned with clearing up insurance matters.

The sheriff and a doctor recovered the body, minus arms and legs. What was left of Florence was in a foot of water in the basement. A cord was tied around her neck and there was a bullet hole in her skull. Her skull bore eight other wounds, believed to have been inflicted by an iron bar.

Fred only had time to order a substantial bouquet of roses and a card inscribed, "To my love," before he was arrested and charged with murder.

Where had Fred gone wrong? It was that darn water in the cellar. Florence's body had dropped through two burned wooden floors, only to come to rest in water in the cellar, which had protected the torso and head from the intense heat.

When taken into custody, Fred informed police that would swear that his wife had been alive when he left for Boston. Fred remembered kissing his wife goodbye and her shouting, "Don't forget the lace." But Kennett had not heard a response.

At the turn of the year, Fred went on trial. Prosecutors brought up his insurance purchases. If that wasn't enough, meticulous Fred had in his luggage at the time of his arrest an inventory of every single item in his house. The list was downright embarrassing, but there was more. The cord found around Florence's neck was traced to Fred's motorboat. The bullet taken from the dead woman's skull had been fired by Fred's Colt .32 automatic, which was found in the ruins of the fire. A poker at the site may very well have been the weapon used to inflict the eight wounds to Florence's skull.

The prosecution saved the worst for the last. Doctors testified that Florence's body had been placed on her bed.

The bed and entire house had been doused with gasoline and kerosene. You might recall the kerosene delivered on the very day of the fire.

In addition, investigators found termite, a substance used by welders, capable of producing tremendous heat.

Doctors testified that this accounted for the complete consumption of the legs and arms. A charred alarm clock was discovered in the ruins. Prosecutors theorized that Fred had used the clock to set off the inferno while he established his alibi in Boston.

It was no contest. Fred was found guilty. On Jan. 15, 1918, he was hanged for the murder of his wife.



Baker's Secret

Tips for those who love to bake

When baking bread, cool the loaf on its side on the cooling rack. The rack will leave slight indentations, which happen to be a perfect slicing guide.

Rising...For a convenient method of getting your bread dough to rise, try popping it into the oven with just the oven light on. Generally, the light gives off sufficient heat to make the bread dough rise.

Or take a small electric heating pad and place your dough on top of this. The even temperature is great for activating the yeast and speeding up the rising process.

Rejuvenating!...To restore bread to its original freshness, take a damp tea towel and wrap the loaf in it. Place in the fridge till the next day. When ready to serve, remove the team towel and warm the bread in your oven.

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Earth Charter *Music*

The 'Outloud Womyn's Voices' Embark on a New Musical and Community Project

By Lea Harper

"We stand at a critical moment in Earth's history." This opening line may well have been the catalyst for the creation of The Earth Charter, a document honed over the last 20 years to reflect the "fundamental principals for building a just, sustainable and peaceful global community for the 21st Century." Initiated by the United Nations, launched by mavericks such as Maurice Strong and Mikhail Gorbachev, drafted and endorsed by thousands of non-governmental organizations worldwide — representing millions of individuals from all sectors of society — it is essentially "a people's treaty" designed to inspire "a sense of universal responsibility" in the understanding "that in the midst of a magnificent diversity of cultures and life forms, we are one human family and one Earth community with a common destiny."

Carolyn McDade is one of principal songwriter for Haliburton's Outloud Womyn's Voices since their inception eight years ago. She is also a spiritual mentor. Since the early 1970s, the Louisiana born artist and activist has been inspiring women to raise their voices in harmony and to live their lives "in ways that heal...uplift and bring our human family to right relationship and reverence..." An "unshakable commitment" to social justice and planetary wholeness fuels her work. "We bear witness to our time through song," McDade says.

"My Heart is Moved" will be Carolyn McDade's fourteenth recording and is a collaborative effort and the culmination of many

years work. The lyrics are largely extracted from the Earth Charter — beautifully integrated segments of the Declaration that best encapsulate its essence. The songs, with music composed by Carolyn McDade, Nancy Nordlie and Norma Luccock, are hymns to humanity — anthems of "defiance and hope", "peril and promise", "love and lament". Eighty women will represent the ten choral groups across the United States and Canada and gather in Boston with Carolyn McDade this June to record "My Heart is

Moved". The CD is scheduled for release in the Fall of 2007 which will likely be in tandem with a planned concert of the Earth Charter music in Haliburton by the Outloud Womyn's Voices.

The remarkable American poet, Adrienne Rich (whose writings Carolyn McDade has "studied" for years) penned the words to the title track. Yet the most stirring lyric in the collection belongs entirely to McDade: "Within All Things" embraces a vision worthy of Teresa of Avila, Mirabai, Leonard Cohen or Rilke. At the heart of McDade's aspiration is the sweepingly melodic, multi-layered opus 'Compassion Piece' which "took

years to complete," Carolyn says. If it is our sacred duty on the path of life, to grow in love and wisdom, then the songs of Carolyn McDade illuminate the way.

Carolyn McDade arrived at the United church in Carnarvon on March 23rd, to conduct a two day workshop with the Outloud Womyn. A powerful singer and charismatic speaker; for the over thirty choir members who attended, it was an experience that profoundly affirmed, deepened and strengthened the very soul of



Earth Charter Music cont'd.... pg. 59...



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Earth Charter

... from pg. 58



*Pictured here
is Carolyn
McDade.*

*Previous page:
Accompanist
Laurel
McCauley and
Choir mistress,
Beth Johns.*

their expression and their resolve to take the principles of the Earth Charter into the community.

"As the world becomes increasingly interdependent and fragile", it is not by accident that the Earth Charters' emphasis is on "respect for nature, universal human rights, economic justice and a culture of peace." Until there is equanimity on all fronts, protest and insurrection remain part of the process. In the same way a mother will rise to a white heat to protect her children, we must stand for what is precious. We are all custodians of the planet. "I found that rage rose when that which we loved was desecrated," Carolyn once said. Still, "There is a place of ultimate dignity which cannot be conquered or deformed." The singer maintains, "it is from the real depths of lament that hope is born."

The title of the CD is apropos. The heart must be engaged for any real change to take place. Music can be that transforming

agent as choir mistress Beth Johns declares: "We need to sing it...bring it to an emotional level where it will resonate deep within." And by doing so "we are planting awareness," says choir member, Clair Sylvan.

The Outloud Womyn will be making their voices heard wherever and however they can. The Choir has formed an Eco-Project committee to zero in what can be accomplished on a grass roots level for the health of our planet. Choir member and facilitator, Brenda Peddigrew says, "Truth is the ground...from there we soar into a fuller knowing and participation." The use of non-renewable resources and recycling are just two of the issues the Committee is currently exploring. It's all about reducing our carbon footprint. If it means singing at landfill sites, so be it. "The world needs all our voices at this time," says Elizabeth McMillan who has been celebrating Carolyn McDade's music for thirty years. At "this critical juncture in history", The Outloud Womyn's Voices echo the call of The Earth Charter: "The protection of Earth's beauty, vitality and diversity is a sacred trust."

Pre-sales of Carolyn McDade's CD 'My Heart is Moved' are available online at www.carolynmcdademusic.com (local rep: Shirley Holmes)

To view the Earth Charter and see how you can participate in a Global Initiative, please go to: www.earthcharter.org.



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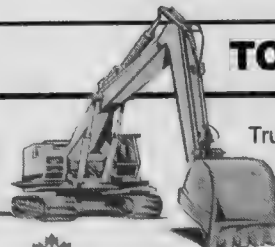
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SPLASH! At the Ethel Curry Gallery

When you are perusing the shops and streets of Haliburton Village between the dates of May 19th – June 10th, be sure to poke your head in to the Ethel Curry Gallery for a peek at “SPLASH!” - a thought provoking mixed media educational exhibition regarding the need to conserve our most precious resource - water! You can even meet the artists - Sue Forbes, Kai-Liis McInnes, Jill Segal and Karen Sloan from 2-4 pm on Saturday May 19th. The Ethel Curry Gallery is located at the side of the CIBC building at the lights in downtown Haliburton. You can reach the gallery at 457-9687 or check them out online at www.theethelcurrygallery.com.

Field Naturalists Hosting Presentation - Everyone Welcome

The Haliburton Highlands Field Naturalists are hosting a presentation entitled “The Land Between & The White Oak Savannah” given by Leora Berman. Everyone is invited to join the group on Wed. May 9th, 2007 at 7:30 p.m. at the Haliburton Museum on Bayshore Rd. off of Hwy. 118. Come and learn more about this unique and unusual area. All welcome!!



TRANSPLANTS
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Don't Miss The Members Show at the Agnes Jameson Gallery

The Agnes Jameson Gallery has been offering a Members Show since it began in 1982. This is a fun exhibition that is non-juried and is meant to encourage Members in their art and give an opportunity to display their talents.

This year they have added a theme of ‘Balance’. Taken literally from the dictionary or considered in its meaning within art, ‘balance’ is something we experience everyday. How would you express it? One does not have to do the theme. If you wish to enter any new work of art – it could also be music or literature – they will display it.

How to become a member? Simply pickup an application form at the gallery. The deadline for entries is May 4th.

The Show:

The show begins May 16 to June 3 at which time they have a closing ceremony and the People's Choice is announced, along with the new Curator's Choice. Be sure not to miss this event. The Gallery is located at 176 Bobcaygeon Road Minden. Open Tuesday to Saturday 10am to 5pm.

Rails End Gallery & Arts Centre presents Rose Pearson: Squares

May 5 – June 9, 2007

Reception/Artist Talk: Saturday May 5, 2-4 pm

“My painting is tied to the levels of experience encountered in daily life. Family is a microcosm of all human drama.” Rose Pearson

The Rails End Gallery & Arts Centre is very pleased to present new paintings and assemblages by local artist, Rose Pearson. A recent recipient of an Ontario Arts Council emerging artist grant, Rose's current work explores the feminine realm and celebrates domesticity. In the tradition of artists such as Mary Pratt, V. Jane Gordon and Shary Boyle, Rose creates art with priorities that are currently marginalized in the art world. Rose's painterly language is intuitive and emotional, as opposed to formal. As art writer, Lorissa Sengara states, the focus on formality in the art world supports the “cool viewing distance that much current art encourages or demands”. Rose's work aids in softening the viewing distance, inviting us to engage in a dialogue that is more heart than head.

The work in this exhibition is technically stunning, texturally rich, and wrought with the spirit of hearth and home. Presented in patch-work fashion, the work in *Squares* is reminiscent of an old quilt, passed down through generations. In a contemporary art world that typically shuns the relevance of the personal and the intuitive, Rose's work helps to remind us that the family and a woman's domestic life are indeed respectable themes for contemporary art-making.

Ticket Room Gallery

The work of fabric artist, Jane Selbie, will be showcased in our Member's Gallery, The Ticket Room, from May 5 – June 9, 2007. Our northern landforms with their distinctive shapes and vegetation constantly offer new themes to be interpreted in Jane's unique and visually appealing fabric collage technique.

Help Wanted

Eagle Lake Adventures Bait and Tackle Currently looking for three counter service personal. Please send your resume c/o Sharon Griffin, R.R.#1 Haliburton, Ont KOM 1S0

Personal Assistant - Home based business requires person to help with everyday office and house duties. Includes answering phones, light office work, cleaning, some cooking, running errands, home maintenance etc... Call for interview - 457-9999. Part time to start.

Vendors Wanted

Local vendors interested in a small farmers market. High traffic area in Haliburton. Please call the Great Haliburton Feed co. 705-457-9775.

Cleaning /Maintenance position - YMCA Wanakita. Primary responsibilities include cleaning of cabins and washrooms on site as well as groundskeeping duties. Contract is from May 22 to mid October. 40hrs/wk. \$9.62-\$12.02/hr based on experience. Phone 457-2132 ext.237.

Wanted to Rent

Young professional looking for house or apartment to rent in Haliburton & Minden area. Call 455-9595.

Health / Fitness

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Living On Earth As If We Want To Stay...

Everyone is invited to join Mike Nickerson, Canadian author of Life, Money & Illusion, for a talk and discussion about our role in making the world a good place for those who follow. The event is taking place May 27, 7 p.m. at the Minden United Church (downstairs).

This event is being hosted by the HKLB Ontario Green Party. For more information call 286-4924 or 489-2110

Giant Yard Sales

May 19

Gooderham United Church & Wilberforce United Church
Deals ,Deals and more Deals - It's a Showdown (one day only) Starts at 9am. finishes at 2 p.m. Two giant yard sales nothing will be held back. No reasonable offers refused. If there was ever a time to shop it's now. Gooderham United Church and Wilberforce United Church - light refreshments at both Churches available. SEE YOU THERE.

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Spot Sam The Advertising Man for Your Chance to Win \$100!



How would you like to win \$100? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam - The Advertising Man. We will be hiding a few Sams in various ads throughout the publication, so look for more than one. Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator. The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

There were 15 sams in the last issue. They were hidden in the following ads: A Little Bit of Everything, Youngdale Fuels, G P Tires, Harvest Bulk Health Foods, Tropical North, Haliburton Hearing Services, Haliburton Highlands Health Services, Vibe, Donald J Lange, Masters Book store, Highlands Plumbing, Churko Electric, Royal Homes, Northern Fire Equipment, SunVolts

The winner of the Spot Sam Contest is: Gary Pringle of Haliburton

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Cute and cozy. 2bdrm cottage on 232 ft frontage (not incl island frontage), bridge to your own island with granite and sand shoreline, all exposures. Build your dream cottage on this unique Kennisis Lake property.

\$345,000.00



Sunsets, 135ft shoreline some sand some rock. Stepped retaining wall to protect shoreline. 4 Bedroom 2 baths, 2pc ensuite. Sandy bottom & rock, gentle sloping lot off year round road. Winterized except for water.

\$359,000.00



Live where you play. 3 bdrm home or cottage on Kennisis Lake. Hardwood floors, cathedral ceilings, open concept. Propane fireplace and furnace. Home is immaculate. Pride of ownership. Cabin for a Bunkie, 2 car garage with add on for storage.

\$518,000.00



Warm and cozy feeling in this 3 bedroom 3 season cottage nestled on the shore of Kennisis Lake. South exp / 2 islands to swim to. 110 ft fr, granite shore / small sand pocket. Wood floors, cathedral ceiling, bright open concept. Newer septic and roof. Ready to use this summer.

\$335,000.00



Kennisis Lake Privacy plus on the 748 ft. 2.84 acres shoreline of Kennisis Lake. Trees, rocks, deep water & great view, south exposure, driveway onto property. Build your dream cottage now.

\$399,000.00

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team for
results.**

**Just look at
all of those
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Hwy.35 Carnarvon. Commercial bldg - 3000 sq. ft., newer oil furnace, loading dock. Hardwood floors, separate rental office space, lge bsmt. for storage. Lg. paved yard. Zoning is C1, HC & residential. Ideal for antique store, vegetable market, organic produce, crafts & hobbies, restaurant, possibilities are endless. Business relocating. Included - 2 BR rental home. Rental will help with mortgage

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